



COUNCILMAN
JOE BUSCAINO
15TH COUNCIL DISTRICT
www.LA15th.com



COMMUNITY RESOURCE GUIDE 2013

SERVING THE 15TH DISTRICT

HARBOR CITY • HARBOR GATEWAY • SAN PEDRO • WATTS • WILMINGTON

Dear Community Member:

Our office has compiled this *Community Resource Guide* to better serve the needs of our residents. It provides a comprehensive listing of social services available in the Fifteenth Council District, and gives users a quick view of the resources in our community in a more efficient way. We feel this guide will serve as a tool to ultimately enable community members to continue to live wholesome and empowered lives.

Our Council District staff developed this guide from information acquired from Toberman Neighborhood Center's Resource Guide, and the *Rainbow Resource Directories*. We are especially pleased to partner with the Community Development Department (CDD) in the production of this guide. CDD works with numerous agencies and service providers throughout Los Angeles to meet the needs of families, youth, job-seekers and businesses.

While we have made every effort to provide the most up-to-date listings, there may be some service contact information that might have changed following the printing of this guide. For additional information on this guide, or about the 15th Council District, please call (310) 732-4515.

Sincerely,

Councilman Joe Buscaino
15th District
City of Los Angeles
www.LA15th.com

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Central San Pedro Neighborhood Council

1840 S. Gaffey Street, Box 212
San Pedro, CA 90731
(310)918-8650

www.sanpedrocity.org

“We, the members of San Pedro neighborhoods, together in unity and understanding, and, at the gate of self government, are gathering to welcome everyone: residents, homeowners, businesses, churches, renters, organizations and others to make life a satisfying experience in our community of San Pedro.”

Coastal San Pedro Neighborhood Council

Cabrillo Plaza, Berth 28, Via Cabrillo Marina Way,
San Pedro, CA 90731

www.cspnc.org

The Coastal San Pedro Neighborhood Council is an advisory group of people who live, work, or own property in Coastal San Pedro. We’re composed of neighbors, by neighbors, for neighbors to make a positive difference in our neighborhood.

Communities for a Better Environment

116 E. Pacific Coast Highway Suite 200
Wilmington, Ca 90744
(310) 952-9097
(310) 925-4924 Fax

www.cbecal.org

Communities for a Better Environment has worked since the 1990s in Wilmington alongside residents demanding a better quality of life, and together have been successful in winning enforcement of regulations and tough new policies.

Cruces Community Collaborative Group, Inc.

P.O. Box 583
Wilmington, CA 90748-0583
(310) 773-8173

crucesgroup@ymail.com

We enhance community aesthetics, build neighborhood relationships, instill community pride, boost self-esteem, and “green” our environment. Our goal is to plan, organize and implement projects that enhance the quality of life in Wilmington, such as landscaping, improved light fixtures, sidewalk repairs and street furniture like benches, trash receptacles, and bus shelters as well as roadside vegetation management and similar small-scale projects such as neighborhood clean-ups.

Harbor City Neighborhood Council

P.O. Box 921
Harbor City, CA 90710-0921
(310) 918-8650
www.harborcitync.com

The Neighborhood Council deals with issues covered by the City of Los Angeles. Through an open and democratic process, we decide what matters most to us in our neighborhood where we live, work, play, study, raise our families, and look hopefully towards the future. We hold public meetings to gain information and hear diverse opinions about the issues. After a vote by the governing board, we take a position and make our recommendations to the City.

Harbor Gateway North Neighborhood Council

P.O. Box 3723
Gardena, CA 90247
(310) 768-3853
(310) 538-9654 Fax
www.harborgatewaynorth.org

The mission of the Harbor Gateway North Neighborhood Council is to provide an inclusive open forum for public discussion of issues concerning City governance; to look at the needs of this neighborhood council and the delivery of City services to this council; and to adhere on matters of a City-wide nature.

Los Angeles County Commission on Human Relations

3175 West Sixth Street
Los Angeles, Ca 90020
(213) 738-2788
www.lahumanrelations.org

The Commission is committed to fostering harmonious and equitable inter-group relations; empowering communities and institutions; and promoting an informed and inclusive multicultural society. We serve the City of Los Angeles.

Northwest San Pedro Neighborhood Council

638 S. Beacon Street, Box 688
San Pedro, CA 90731
(310)-732-4522
www.nwsanpedro.org

Our Neighborhood Council is a locally-elected advisory body to the City of Los Angeles. We have formed to make city government more responsive to its citizens, and to encourage the cohesiveness of neighborhoods.

San Pedro Service Center

769 W. 3rd Street
San Pedro, Ca 90731
(310) 519-6091
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Health Insurance counseling and advocacy (HICAP) provides multilingual counseling, advocacy, and assistance to Medicare beneficiaries about Medicare, private health insurance, and related health care coverage plans on Mondays from 10:00 a.m. – 2:00 p.m.

Watts/Century Latino Organization (WCLO)

10360 Wilmington Avenue
Los Angeles, CA 90002
(323) 564-9140
www.wattscenturylatino.org

Founded in 1900, the Watts/Century Latino Organization is a non-profit, community-based organization dedicated to supporting the development of healthy neighborhoods and self-sufficient families. Working with the public and private sector agencies, we engage in comprehensive community development projects and programs.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue
Los Angeles, CA 90059
(323) 563-5639

The WLCAC is a non-profit, community based, human social services organization dedicated to improving the quality of life for South Central Los Angeles residents.

Watts Neighborhood Council

10221 Compton Avenue. #106A
Los Angeles, CA 90002
(323) 564-0260
wattsnc@sbcglobal.net

The Watts Neighborhood Council encourages participation from community members; they advise, and participate in a variety of projects to improve the quality of life in Watts.

Watts Towers Community Action Council

1727 E. 107th Street
Los Angeles, CA 90002
(323) 582-5908

To promote, participate, collaborate, and advocate for the restoration and development of the Watts Towers Cultural Crescent and surrounding community.

Wilmington Community Organization

(310) 626-5946

wilmcomorg@hotmail.com

Wilmington Community Organization is a neighborhood watch group.

Wilmington Coordinating Council

100 Water Street

Wilmington, Ca 90744

(310) 834-4895

Wilmingtoncoordinatingcouncil@yahoo.com

The Coordinating Council honors students, teachers, and community members who donate their valuable time contributing to our community in order to make it a better place.

Wilmington Neighborhood Council

544 N. Avalon Boulevard

Wilmington, CA 90744

(310) 522-2013

(310) 522-2014 Fax

www.wilmingtonneighborhoodcouncil.com

The Wilmington Neighborhood Council promotes participation by all members of the community and advises government agencies to improve the quality of life for all in Wilmington.

Alcohol and Drug Rehabilitation

Alano Club - San Pedro

12-Step Program

2001 S. Pacific Avenue

San Pedro, CA 90731

(310)833-3525

www.sanpedroalanoclub.com

Alano is a non-alcoholic, non-drug social environment specializing in outpatient, dual diagnosis care. We hold approximately 4 meetings per day, 7 days a week for AA and NA in a safe and sober location. There are games and recreation available. We have a recovery house and sober living information available; walk-in or call. Hours: Mon-Sun 6:00a.m.-10:00 p.m.

Behavioral Health Services Inc (BHS)

13118 N. Avalon Boulevard, Suite A

Wilmington, Ca 90744

(310) 549-2710

www.bhs-inc.org

We have outpatient drug and alcohol treatment, education programs and counseling.

Cannon Human Services - Watts

9705 S. Holmes Street
Los Angeles, CA 90002
(323) 249-9097

Cannon Human Services specializes in drug rehabilitation.

House of Hope Foundation

P.O. Box 921
235 W. 9th Street
San Pedro, CA 90731
(310) 831-9411
(310) 831-5796 Fax

www.houseofhopesp.org

House of Hope offers up to 4-months of residential treatment for single females between the ages of 18-64 years. The goal is to help women strive for reunification with their children. Clothing and food/meals and nutrition programs are available. Hours: Mon-Fri 8:00 a.m.–5:00 p.m.

Battered Persons/Victim/Adult Abuse

Domestic Violence Helpline

Rainbow Services, Ltd.
P.O. Box 5047
153 W. 4th Street
San Pedro, CA 90731
(310) 547-9343
(310) 548-5450
(310) 548-2805 Helpline

www.rainbowservicesdv.org

Rainbow Services, along with other domestic violence agencies, is a part of a network that aims to keep families safe. We do our best to provide support and assistance for women and children dealing with family violence.

Rainbow Services

24 Hour Domestic Violence Hotline and Outreach Service Center
(Confidential Site)
San Pedro, CA 90731
(310) 548-5450
(310) 548-0611 Fax

www.rainbowservicesdv.org

Rainbow Services offers legal aid, benefits eligibility assistance, case management, parenting education, domestic violence services, counseling, discharge planning, and referral follow-through. English and Spanish are spoken. Hours: by appointment only.

Rainbow House Emergency Shelter

(Confidential Site)

San Pedro, CA 90731

(310) 548-5450

(310) 548-0611 Fax

(310) 547-9343 Hotline

www.rainbowservicesdv.org

Emergency food, meals, emergency shelter, transitional housing, legal aid, benefits eligibility assistance, case management, parenting education, domestic violence services, and counseling are provided. English and Spanish are spoken. Hours: 24 hours, 7 days a week.

Villa Paloma

(Confidential Site)

San Pedro, CA 90731

(310) 548-5450

(310) 548-0611 Fax

(310) 521-1193 After-hours Contact

www.rainbowservicesdv.org

Clients include female survivors of domestic violence and their children who are graduating from an emergency violence shelter. Services include: transitional housing, legal aid, benefits eligibility assistance, case management, employment, job training, job search assistance, domestic violence services, counseling, discharge planning and referral follow-through. Hours: Mon-Fri 9:00 a.m.–5:00 p.m.

Sexual Assault Response Team (SART)

Providence Little Company of Mary Hospital

1300 W. 7th Street

San Pedro, CA 90732

(310) 832-3311

www.providence.org

Offered at Providence Little Company of Mary Hospital, SART services include: forensic nurse, counselor, advocate and police officer. The team will meet victim at sites to assist in sexual assault cases, acting as counselors and investigators, retaining evidence in case prosecution. All information is confidential until trial (if there is a trial). Hours: Mon–Fri 9:00 a.m.-5:00 p.m. Serves: L.A. County.

Business Resources

Business Retention/Lay-Off Aversion

We are operated by the Pacific Gateway Workforce Investment Network, San Pedro, Wilmington and Harbor City-Gateway Chambers of Commerce. The contact information for each Chamber is listed below. This is a no cost business assistance program designed to help at-risk businesses before they downsize or close; and to quickly link them with aid to retain and strengthen their operations.

(310) 909-6529.

Community Development Department (CDD)

638 S. Beacon Street, Second Floor

San Pedro, Ca 90731

(310) 732-4645

(310) 732-4669 Fax

The CDD partners with agencies and service providers throughout Los Angeles to meet the needs of families, youth, job-seekers, and businesses.

Harbor City/Harbor Gateway Chamber of Commerce

1400 W. 240th Street

Harbor City, CA 90710

(310) 534-3143

(310) 534-3178

www.hchgchamber.com

The Mission of the Harbor City/Harbor Gateway Chamber of Commerce is to help businesses grow and prosper by fostering a dynamic partnership between government, community, and business; and to encourage a healthy and secure environment where all can thrive.

Harbor Business Source Center

455 West 6th Street

San Pedro, Ca 90731

(310) 909-6529

www.labusinesssource.org

The Los Angeles Business Source Centers provide start-up ventures and current small business owners various cost effective tools to make their business a success. Services provided: business assessments, financial management, marketing assistance, and networking.

Harbor WorkSource Center

1851 N. Gaffey Street

San Pedro, CA 90731

(310) 732-5700

www.pacificgatewayworkforce.com

Services provided to businesses: locate and pre-screen candidates, schedule interviews, and employee training.

San Pedro Chamber of Commerce

390 W. 7th Street

San Pedro, CA 90731

(310) 832-7272

www.sanpedrochamber.com

The Chamber's mission is to promote, support and advocate the interests of the business community by actively working to develop a vital and sustainable local economy that enhances the social and environmental resources of the community.

Wilmington Chamber of Commerce

544 N Avalon Boulevard # 104

Wilmington, CA 90744

(310) 834-8586

www.wilmington-chamber.com

The Wilmington Chamber of Commerce is a form of business network, e.g., a local organization of businesses whose goal is to further the interests of businesses. We promote, support and enhance a positive business environment and work to improve the quality of life in the community.

www.JobLA.org

JobLA.org is a powerful online hub for the state’s workforce services focusing on job openings and job candidates. Services provided include: job search assistance, qualified employee recruitment, training opportunities, career planning, labor market data, and much more.

Child Abuse Prevention/Treatment

Toberman Neighborhood Center

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832 -1145

www.toberman.org

Toberman is a non-profit, multi-purpose neighborhood center that provides various social service programs to assist Harbor area families and individuals by delivering life-sustaining services that encourage, inform, educate and empower them to live healthy and purposeful lives. Programs for children and youth, ages 5-18 years of age include the following: delinquency prevention, counseling, child abuse prevention, drug counseling and testing, domestic violence counseling, independent home studies high school, social development for seniors, recreation, after-school activities, athletics and fitness, team sports, support groups, job preparedness training, and services within the Family Resource Center. Service areas are San Pedro, Harbor City, Harbor Gateway, and Wilmington.

Child Care

Boys & Girls Club of Harbor City

1220 W. 256th Street

Harbor City, CA 90710

(310) 534 - 7129

(310) 534 - 7138 Fax

www.bgclaharbor.org

Focus is on youth services for boys & girls. The following activities are offered: recreation, informal guidance, league sports, educational programs, computer skills training, health & life skills, homework & tutorial, after school childcare, delinquency prevention programs, and ESL classes. We are a non-profit agency. Hours: Mon-Fri., 9:00 a.m.-7:30p.m. Spanish/English are spoken; ages 6-18yrs. Serves the South Bay.

Boys & Girls Club - Wilmington

1444 West Q. Street
Wilmington, CA 90744
(310) 549 – 8323
(310) 549 – 2439 Fax
www.bgclaharbor.org

Our focus is on youth guidance and prevention programs offering academic enrichment & a variety of recreational activities, game room, athletics, karate classes, arts & crafts, computer learning center, also a full summer and off-track inter-session day camp. Additional emphasis is on gang prevention services through targeted outreach; ages 6-18 years. Funding: donations, and grants; a nonprofit. Hours: Mon-Fri 7:00 a.m.-7:00 p.m. Spanish is spoken. There is a sliding fee scale & scholarships for low-income families. Service area: Harbor

Cabrillo Early Education Center

L.A. Unified School District
741 W. 8th Street
San Pedro, CA 90731
(310) 832-2809
(310) 833-5956 Fax

Cabrillo is an extended day program where the school day is extended before and after school to accommodate working parents. This is a program within a school that provides services and training to students with moderate to severe mental and/or physical disabilities.

Hawaiian Avenue Early Education Center

L.A. Unified School District
501 Hawaiian Avenue
Wilmington, CA 90744
(310) 834-7186
(310) 843-3391 Fax

Hawaiian Avenue Early Education Center is a public school located in Wilmington that is affiliated with the Los Angeles Unified School District. Hawaiian Avenue Early Education Center operates from September 13 to June 24 (year round). We serve 124 students in pre-kindergarten with special education programs are available.

Kedren Community Health Center Head Start - Watts

9622 Beach Street
Los Angeles, Ca 90002
(323) 777-1411

Kedren Community Health Center is a private, nonprofit 501c(3) organization with focus on acute psychiatric hospital & community mental health programs, along with head start/state preschool and family services programs.

New Harbor Vista Comprehensive Child Development Center

909 West D Street
Wilmington, Ca 90744
(562) 427-8834
www.ccdlb.org

The New Harbor Vista Comprehensive Child Development Center provides education for preschool-aged children.

Nickerson Gardens Sage Center - Watts

1450 E. 114th Street
Los Angeles, Ca 90059
(323) 249-1361

Nickerson Gardens Sage Center provides child-care for children, ages 3 to 12, who live in Nickerson Gardens Housing Development.

San Pedro Service Center

769 W. 3rd Street
San Pedro, Ca 90731
(310) 514-4999
(310) 519-6091
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. CCD staff provides child care and early childhood education programs for infants, toddlers, and preschool children whose parents work or attend school. Services are provided Mon.-Fri. 7:00a.m. – 5:45p.m. Cost on a sliding scale.

Park Western Early Education Center

L.A. Unified School District
1220 Park Western Place
San Pedro, CA 90732
(310) 833-2875
(310) 548-0177 Fax

Park Western Early Education Center works with children ages 2-8 years, and the center operates 12 months per year with limited capacity. Hours: Mon-Fri., 6:00 a.m.–6:00 p.m.

San Pedro CAS Early Education Center

L.A. Unified School District
950 W. Santa Cruz Street
San Pedro, CA 90731
(310) 831-4803
(310) 519-7954 Fax

Serves children ages 2-5 years old, and operates daily, 12 months of the year. There is limited capacity. Hours: Mon-Fri 7:00 a.m.–4:30p.m.

Small World Learning Center Pre School

1749 North Avalon Boulevard

Wilmington, CA 90744

(310) 549-0303

Small World Learning Center No. 2 is a preschool that accepts children 2 to 5 years old; it is religious in nature.

Volunteers of America Robert F. Kennedy

334 Figueroa Street

Wilmington, CA 90744

(310) 830-3404

www.voala.org

We are a head start school that serves children, ages 3-5 years-old with special needs and are from low-income families—there is no fee involved.

Watts Towers Head Start

1716 E. 105th Street

Los Angeles 90002

(323) 567-5852

Watts Towers is a licensed day care center provider that serves the Los Angeles area; ages 3 to 5 years-old. There is a maximum capacity of 40.

Wilmington Head Start

445 North Avalon Boulevard

Wilmington, CA 90744

(310) 847-1801

(310) 257-6892

www.wilmheadstart.org

Wilmington Head Start has been a premier pre-school program in the City of Wilmington for over 30 years. We promote school readiness and success in later life by enhancing the social and cognitive development of children through the provision of education, health, nutrition, and social services to children and their families.

YWCA of the Harbor Area & South Bay

WORLD TOTS LA

100 W. 5th Street

San Pedro, CA 90731

(310) 732-7697

www.ywcaharbor.org

Our mission is to foster the economic self-sufficiency and emotional and physical well-being of women and girls in a world of peace, racial justice, dignity, freedom and equality for all. We are a year round development child-development program that serves children 6 weeks–5 years of age. We provide toilet learning. Hours: Mon-Fri 6:30a.m.-6:00 p.m. Please call as we have a waiting list.

Correction/Prison/Probation

Friends Outside

1829 E. 103rd Street
Los Angeles, CA 90002
(323) 789-4815 Ext. 212
www.friendsoutside.org

The mission of Friends Outside is to assist children and families, prisoners, and former prisoners with the immediate and long-term effects of incarceration, and to act as a bridge between those we serve, the community at large, and the criminal justice system, thereby enhancing the character of justice.

Counseling

The Guidance Center

160 W. 6th Street
San Pedro, CA 90731
(310) 833-3135
(310) 833-3572 Fax
www.tgclb.org

Mental health services are provided for children, youth and their families. Services for children 2-17 years includes: psychotherapy, substance abuse counseling, inpatient rehabilitation and outpatient child day rehabilitation, multi-systematic family therapy, intensive mental health, probation and children and family services, school based mental health services; early intervention initiative, dual-diagnosis prevention, assessment and treatment, mentoring program, juvenile justice and gang diversion, and Connections Adolescent Day Treatment. Additional services include: ADHD assessment and treatment, parenting education, training and support, family preservation and Cal Work's mental health.

Harbor View House

Residential Nursing Care / Mentally Ill Adults
921 S. Beacon Street
San Pedro, CA 90731
(310) 547-3341
(310) 547-1384 Fax
www.hvi.com

We are a residential and intermediate care (nursing) for mentally ill adults. Services include the following: rehabilitation program, life support, 14-day crisis intervention housing for mentally ill homeless adults, counseling, food, shelter, and case management. We also advocate for entitlements in the county mental system, housing assistance, and life support provided free of charge under Short-Doyle system. Referrals are from the County Mental Health system. Medi-Cal is accepted.

L.A. County Mental Health - San Pedro

San Pedro Mental Health Center

150 W. 7th Street

San Pedro, CA 90731

(310) 519-6100

(310) 732-5809 Fax

www.lacounty.info

In partnering with clients, families and communities to create culturally competent opportunities for Hope, Wellness and Recovery, the Los Angeles County Department of Mental Health is committed to serving, improving and making a difference in the lives of Los Angeles County residents diagnosed with mental illness. There is a wealth of resources on mental health issues, inspirational stories of wellness and recovery, and you can explore tools to help in the recovery process. Recovery from mental illness is a realistic goal, and the Los Angeles County Department of Mental Health supports individuals and families in achieving this goal.

Providence Little Company of Mary Hospital

Bridges Program

1300 W. 7th Street

San Pedro, CA 90732

(310) 832-3311

www.providence.org

Services include the following: in-patient and out-patient psychiatric intensive program for adults with depression, anxiety, stress or other emotional or psychiatric difficulties; partial hospital program. Hours: opens 24/7.

South Bay Center for Counseling

626 N. Avalon Boulevard

Wilmington, Ca 90744

(310) 414-2090

www.sbaycenter.com

South Bay Center for Counseling is a non-profit mental health agency that provides services to the residents of Los Angeles County.

San Pedro Service Center

769 W. 3rd Street

San Pedro, Ca 90731

(310) 519-6091

(310) 519-6095 (Angie)

(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. The APS Clerk provides assistance for elders who are experiencing difficulties living alone; facing problems with a caregiver; possible victim of a scam; someone trying to take advantage of your finances; someone trying to force you to sign unfamiliar documents; and if you're just feeling sad and lonely.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue

(310) 832-1204

www.toberman.org

The Family Source Center (FSC) at Toberman is the hub for all family services. FSC is designed to strengthen family units, and case management is the core method for meeting this goal. Individuals and families receive carefully developed case plans, helping them move past barriers to develop healthy, independent lives through the following programs: anger management, delinquency prevention counseling and diversion services, domestic violence counseling, drug counseling and testing, financial literacy, and parent/teen program. Please call for hours.

Volunteers of America Los Angeles

Harbor City Early Head Start

1081 W. 257th Street

Harbor City, CA 90710

(310) 257-6892

(310) 257-0149 Fax

Volunteers of America offers home base and site programs in the South Bay area; educational, social and health services to improve parenting skills; increase awareness in child development, nutrition and health in an effort to strengthen the family unit; individual, family and group counseling. The program serves pregnant women and children up to age three years. Hours: Mon-Fri 8:00 a.m.-4:30p.m. We serve the South Bay area.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

www.wlcac.org

The WLCAC provides various services which include an access center, shelter plus care, women’s shelter, and transitional housing for mental health clients.

Death/Hospice/Grief Support

Grief Share

HOPE Chapel, San Pedro

461 W. 9th Street

San Pedro, CA 90274

(310) 832-4673

www.hopesanpedro.com

Those dealing with the death of a loved one, whether recent or long passed, are encouraged to come and be strengthened and encouraged by those who have gone through this process before.

San Pedro Service Center

769 W. 3rd Street
San Pedro, Ca 90731
(310) 519-6091
(310) 519-6095 (Angie)
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. The APS Clerk provides assistance for elders who are experiencing difficulties living alone; facing problems with a caregiver; possible victim of a scam; someone trying to take advantage of your finances; someone trying to force you to sign unfamiliar documents; and if you're just feeling sad and lonely.

Dental Care

Assistance League - San Pedro/South Bay

1441 W. 8th Street
San Pedro, CA 90732
(310) 832-8355
(310) 832-8460 Fax

www.sanpedrosouthbay.assistanceleague.org

The Assistance League provides quality low-cost dental care to children from preschool to high school ages from low income families.

Family Dentistry

11116 S. Main Street
Los Angeles, CA 90061
(323) 564-4417

Family dentistry offers general and orthodontic care. Hours: Mon, Wed, Fri 10:00a.m-1:00p.m., Thurs 10:00a.m.-6:00p.m.

Medi-cal Dentist

Bright Now Dental
697 S. Gaffey Street
San Pedro, CA 90731
(310) 548 - 1273
(310) 548 - 0753 Fax

Hours: Mon, Thurs 10:00 a.m.-7:00 p.m., Tues 11:00 a.m.-8:00p.m., Fri 9:00 a.m.-6:00 p.m., Sat 8:00 a.m.-4:00 p.m. Spanish and Tagalog are spoken.

Disabled/Special Ed/Rehabilitation

Carolyn Kordich Family Resource Center

Harbor Area Early Intervention Council

1135 W. 257th Street

Harbor City, CA 90710

(310) 325 - 7288

(310) 325 - 7288 Fax

The Family Resource Center focuses on families with special needs. It offers resource information & referrals, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library. We conduct monthly parent education workshops. Funding: non-profit, donations, grants, government funding. Hours: Mon-Fri 9:00 a.m.-1:00 p.m. Spanish is spoken. Requirements: families with children, birth-3years who have disabilities or who are at risk of a disability. Serves: Harbor City, Harbor Gateway, Lomita, San Pedro, Wilmington and part of Carson.

Easter Seals - San Pedro

1453 W. 8th Street, Ste. A

San Pedro, CA 90732

(310) 831 - 5902

(310) 831 - 3260 Fax

The following services are provided by Eastern Seals: job training & placement, adult day services, independent living skills training and social activities for disabled adults. Funding: nonprofit. Hours: Mon-Fri 9:00 a.m.-3:00 p.m. Spanish is spoken. Requirements are: Disabled. We service Los Angeles County.

Harbor Occupational Center

740 N. Pacific Avenue

San Pedro, CA 90731

(310) 547 - 5551

(310) 547 - 4974 Fax

The Harbor Occupational Center provides vocational training courses with an emphasis on job placement, extensive vocational counseling and resources, reading, GED prep and high school diploma classes. Open entry-open exit. Programs serve adults and teens. Classes are offered during the day, evenings and Saturday. Adults with disabilities program available for students with verified disabilities. Funding is through LAUSD and AEW. Spanish is spoken. There is a small fee for classes. Serves: South Bay & nearby communities.

Harbor View House

Residential Nursing Care/Mentally Ill Adults

921 S. Beacon Street

San Pedro, CA 90731

(310) 547-3341

(310) 547-1384 Fax

www.hvi.com

Residential and intermediate care (nursing) for mentally ill adults; includes day rehab program and life support. 14-day crisis intervention housing for mentally ill homeless adults includes: counseling, food, shelter & case management. Hours: Mon-Fri 8:30a.m.-5:00 p.m. Referrals are from the County Mental Health division; we accept Medi-Cal.

South Bay Vocational Center

1526 W. 240th Street

Harbor City, CA 90710

(310) 784 - 2032

We offer supportive employment services, social activity, personal & social adjustment, work activity center for persons ages 18yrs+ with developmental disability. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Requirements: Referrals accepted from Harbor, South Central and the Westside regional Centers; and serves South Bay and nearby communities.

San Pedro Mental Health Services

769 West 3rd Street

San Pedro, CA 90731

(310) 519 - 6100

San Pedro Mental Health provides services to community clients, crisis intervention, case management, community promotion, life support, and outpatient. Hours: Mon-Fri 8:00a.m.-4:00 p.m.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

www.wlcac.org

The WLCAC provides various services including, an access center, shelter plus care, women's shelter, and transitional housing for mental health clients.

Willenberg Special Center

L.A. Unified School District

308 Weymouth Avenue

San Pedro, CA 90732

(310) 548 – 1371

(310) 832 – 5791 Fax

Special Education classes are offered to severely disabled and emotionally disabled children, ages 3-22 years of age. This is an option school. Funding: government with the following requirements-child must be severely disabled. Our services are free and we serve the south of Gardena.

Disaster/Safety/Emergency

For life threatening emergencies, please call 911

Fire Departments

Harbor City:

Station #85

1331 W. 253rd Street

Harbor City, CA 90710

Harbor Gateway:

Station #79

18030 S. Vermont Avenue

Gardena, CA 90247

San Pedro:

Station #112

444 S. Harbor Boulevard, Berth 86

San Pedro, CA 90731

Station #48

1601 S. Grand Avenue

San Pedro, CA 90731

Station #101

1414 25th Street

San Pedro, CA 90732

Station #40

330 Ferry Street

San Pedro, CA 90731

Station #111

1444 S. Seaside Avenue, Berth 260

San Pedro, CA 90731

Watts:

Station #64
118 W. 108th Street
Los Angeles, CA 90061

Station #65
1525 E. 103rd Street
Los Angeles, Ca 90002

Wilmington:

Station #38
124 E. I Street
Wilmington, CA 90744

Drug/Alcohol/Tobacco/Addictions
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AEGIS Medical Systems, Inc.

1322 N. Avalon Boulevard
Wilmington, CA 90744
(310) 513-1300
(310) 513-1311 Fax
www.aegismed.com

Outpatient drug and alcohol treatment program. Detox, methadone maintenance, dual-diagnostic.
Licensed program. Hours: 5:00 a.m.–1:30p.m.

Alano Club - San Pedro

12-Step Program
2001 S. Pacific Avenue
San Pedro, CA 90731
(310)833-3525
www.sanpedroalanoclub.com

We hold approximately 4 meetings per day, 7 days a week for AA and NA clients. This is a safe and sober place to come with TV and video games available. Recovery house and sober living information available, walk-in or call. Hours: Mon-Sat 6:30a.m.–10:00 p.m., Sun 6:30a.m.–8:00 p.m. Clients must attend 12-step meetings.

Behavioral Health Services, Inc. (BHS)

Recovery Center-DUI Program

590 W. 8th Street

San Pedro, CA 90731

(310) 831- 2358 Ext. 223

www.bhs-inc.org

Our focus is outpatient adolescent and adult drug and alcohol education, and treatment with individual and group counseling. We have a DUI first time offender program servicing persons referred by the court. Hours: Mon-Fri 9:00 a.m.–6:00 p.m.

Behavioral Health Services, Inc. (BHS)

Wilmington Community Recovery Center-DUI Program

13118 N. Avalon Boulevard, Suite A

Wilmington, CA 90744

(310) 549-2710

(310) 549-2715 Fax

www.bhs-inc.org

Our focus is outpatient adolescent and adult drug and alcohol education, and treatment with individual and group counseling. We have a DUI first time offender program servicing persons referred by the court. Hours: Mon-Fri 9:00 a.m.–6:00 p.m.

Fred Brown Recovery Services

P.O. Box 2734

270 W. 14th Street Suite 3

San Pedro, CA 90731

(310) 519-8723

(310) 519-9428 Fax

www.fredbrownrecovery.org

Fred Brown Recovery provides a sober living home with residential treatment and outpatient services. Hours: 24 hours. Men and women, ages 18 years+, must be detoxed.

House of Hope Foundation Treatment Center

235 W. 9th Street

San Pedro, CA 90731

(310) 831-9411

www.houseofhopesp.com

Founded in 1955, House of Hope provides a safe, nurturing environment for substance abusing and substance dependent women. The mission is to help women regain their self-awareness, integrity, and dignity and learn how to live life without alcohol and drugs.

Joint Efforts, Inc.

505 S. Pacific Avenue, Suite 205
San Pedro, CA 90731
(310) 831-2358
(310) 831-2356 Fax

Joint Efforts provides outpatient drug and alcohol treatment programs, parenting classes, dual diagnosis, HIV/STD testing and counseling. Hours: Mon-Thurs 8:30a.m.–5:30p.m., Fri 8:30a.m.–5:00p.m. Ages 18 years and over.

Providence Little Company of Mary

1300 W. 7th Street
San Pedro, CA 90732
(310) 832-3311
www.providence.org

A 387 bed with acute care hospital with maternity ward, services include: adult chemical dependency program, pediatrics unit, 24 hour emergency room with doctor on duty, ICU, oncology, industrial care center, blood donor center, MRI, skilled nursing pavilion, hospice program, home health care program, cardiac lab. We have a chemical dependency recovery center with the following services: detox, residential treatment, partial hospitalization, outpatient services, relapse treatment, family program, codependency and counseling. Hours: 24 hour service.

SHAWL House

Support for Harbor Area Women’s Lives
936 S. Centre Street
San Pedro, CA 90731
(310) 521-9310
(310) 521-0359
www.shawlomenshouse.org

SHAWL House is an 11-Bed treatment facility for females who are primary substance abusers. We offer: AA & NA, individual counseling, domestic violence counseling, health and nutrition groups. We serve women, ages 18-64 years of age with the maximum stay of 6 months for residential treatment. Hours: 9:00 a.m.–5:00 p.m.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue
(310) 832-1204
www.toberman.org

The Family Source Center (FSC) program is a hub for family services, designed to strengthen family units. Case management is the core method for meeting this goal. Individuals and families receive carefully developed case plans, helping them move past barriers to develop healthy, independent lives through the following programs: anger management, delinquency prevention counseling and diversion services, domestic violence counseling, drug counseling and testing, financial literacy, and parent/teen program.

Western Health Harbor City Clinic

1647 W. Anaheim Street
Harbor City, CA 90710-3213
(310) 534-5590

We offer outpatient detox, alcohol and drug abuse treatment, dual-diagnosis, psychiatric, sober living program, and HIV/AIDS testing. Additionally, we are a licensed program. Hours: Mon-Fri 5:30a.m.-11:00 a.m. There is a sliding scale fee.

Elected Officials

City Council

District 15

Joe Buscaino

Harbor District Office
638 S. Beacon Street, Suite 552
San Pedro, CA 90731
(310)-732-4515

Northern District Office
10221 Compton Ave., Suite 200
Los Angeles, CA 90002
(213)-473-5128

County Supervisors

District 2

Mark Ridley-Thomas

866 Kenneth Hahn Hall of Administration
500 W. Temple Street
Los Angeles, CA 90012
(213) 974-2222

District 4

Don Knabe

822 Kenneth Hahn Hall of Administration
500 West Temple Street
Los Angeles, CA 90012
(213) 974-4444

State Senator

District 35

Roderick D. Wright

Capitol Office:
State Capitol, Room 5064
Sacramento, CA 95814-4900
(916) 651-4025
District Office:
One Manchester Blvd, Suite 600
Inglewood, CA 90301
(310) 412-0393

State Assembly

District 64

Isadore Hall III

Capitol Office:

State Capitol

P.O. Box 942849

Sacramento, CA 94249-0052

(916) 319-2052

(916) 319-2152 Fax

District Office:

2200 W. Artesia Blvd. Suite 210

Compton, CA 90220

(310) 223-1201

(310) 223-1202 Fax

District 70

Bonnie Lowenthal

Capitol Office:

State Capitol

P.O. Box 942849

Sacramento, CA 94249-0054

(916) 319-2054

(916) 319-2154 Fax

District Office:

110 Pine Avenue, Suite 804

Long Beach, CA 90802

(562) 495-2915

(562) 495-2983 Fax

San Pedro Office:

461 W. 6th Street, #209

San Pedro, CA 90731

(310) 548-6420

District 66

Al Muratsuchi

(To be announced)

U.S. Congress

District 33

Henry Waxman

Washington, DC Office:

2204 Rayburn House Office Building

Washington, DC 20515

(202) 225-3976

(202) 225-4099 Fax

District Office:

8436 West Third Street, Suite 600

Los Angeles, CA 90048

(310) 652-3095

(323) 655-0502 Fax

District 43

Maxine Waters

Washington, DC Office:

2344 Rayburn House Office Building

Washington, DC 20515

(202) 225-2201

(202) 225-7854 Fax

District Office:

10124 S. Broadway, Suite 1

Los Angeles, CA 90003

(323) 757-8900

(323)757-9506 Fax

District 44

Janice Hahn

Washington, DC Office:

2400 Rayburn House Office Building

Washington, DC 20515

(202) 225-8220

(202) 226-7290 Fax

District Office:

140 W. 6th Street

San Pedro, CA 90731

(310) 831-1799

(310) 831-1885 Fax

Emergency Assistance/Basic Needs

Emergency Preparedness Department

200 N. Main Street, Suite 1500

Los Angeles, CA 90012

(213) 484-4803

www.ready.gov

Emergency Prep provides information on how to be prepared for disasters. Hours: Mon-Fri 8:00 a.m.–4:00 p.m. Our services are geared to residents of Los Angeles County.

Harbor Interfaith Services

670 W. 9th Street

San Pedro, CA 90731

(310) 831-0603

(310) 831-0791 Fax

Harbor Interfaith is a multi-service agency that provides emergency shelter, bags of groceries, advocacy on public benefits, job placement and transitional housing. We also offer emergency shelter for homeless families at a different address. Hours: Mon-Fri 9:00 a.m.–11:30a.m., 1:30p.m.–5:00 p.m. Our service area is the South Bay area.

House of Hope Foundation

P.O. Box 921

235 W. 9th Street

San Pedro, CA 90731

(310)831-9411

(310)831-5796 Fax

www.houseofhopesp.org

We are a 6-month residential treatment center for single females between 18-64 years of age, helping to strive for reunification with their children. Clothing and food/meals and nutrition program available.

Hours: Mon-Fri 8:00 a.m.–5:00 p.m.

Mary Star Christian Care

853 W. 7th Street
San Pedro, CA 90731
(310) 548-1645
(310) 833-3541

www.marystar.org

Lunch is served Mon-Fri 11:30a.m.–12:30p.m. Groceries are distributed twice a month. For additional information on clothing distribution for adults and children, please call. Holiday food bags are given with pre-registration. Call for sign up times (4 weeks before the holidays). You must show I.D. for groceries. We serve San Pedro only.

New Life Faith Center

1111 East Pacific Coast Highway
Wilmington, Ca 90744
(310) 549-9397

www.newlifefaithcenter.net

Outreach to assist community in any way, including food bank.

Saints Peter and Paul Church

515 West Opp Street
Wilmington, Ca 90744
(310) 834-5215

www.sppc.us

Established in 1865, Saints Peter and Paul Church is one of the oldest parishes in the Archdiocese of Los Angeles. It offers a variety of programs for the poor; and has activities for peace, cultural diversity, etc

Salvation Army - San Pedro

San Pedro Corps
138 S. Bandini Avenue
San Pedro, CA 90731
(310) 832-7228
(310) 832-2434 Fax

www.salvationarmy.org

We offer emergency food, clothing (as available), referrals to shelters and other social services. Hours: Mon-Fri 8:00 a.m.–4:30p.m. Photo I.D. is required, call for details. We serve: San Pedro, Wilmington, Carson, Lomita, and Harbor City area.

San Pedro Service Center

769 W. 3rd Street
San Pedro, Ca 90731
(310) 519-6091
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Food distribution for low income residents distributed once a month or on an emergency basis. Mon-Fri 2:00 p.m. – 4:30 p.m. Call to schedule and appointment. Food Stamp application assistance is available every 2nd Thursday and 4th Wednesday of each month from 9:00 a.m. – 11:00 a.m.

South Bay Crossing

395 W. 7th Street
San Pedro, CA 90731
(310) 831-5418
(310) 832-2675 Fax

Emergency food & clothing Mon-Fri 8:00 a.m. Also, offers baby food, holiday baskets and job referrals. Hours: Mon-Fri 12:00 noon–4:00 p.m. Serves: South Bay.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue
(310) 832-1204
www.toberman.org

Under the Family Welfare/Emergency Assistance program component, we provide food, clothing and advocacy to those in need, as well as referrals to additional crisis intervention agencies.

WIC Program - San Pedro

Public Health Foundation
312 N. Gaffey Street, Suite 101-103
San Pedro, CA 90731
(888) 942-2229
(626) 851-0481 Fax
www.fns.usda.gov/wic

WIC targets women, infants and children to receive supplemental food that provides nutrition education and coupons for specific foods such as milk, cheese, eggs, fruit and infant formula. Program serves pregnant and breastfeeding women as well as infants up to 5 years of age. Serves: Los Angeles County. Hours: Mon-Fri 8:30a.m.–5:00 p.m.

WIC (Watts Health Foundation)

700 W. Imperial Highway
Los Angeles, CA 90044
(323) 241-1780
www.wicworks.ca.gov

WIC is a federally-funded health and nutrition program for women, infants, and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, and offers help finding healthcare and other community services. Participants must meet income guidelines and be pregnant women, new mothers, infants or children under age five.

WIC Program - Wilmington

Public Health Foundation
Wilmington, CA 90744
(888) 942-2229
(626) 851-0481 Fax
www.fns.usda.gov/wic

WIC targets women, infants and children to receive supplemental food that provides nutrition education and coupons for specific foods such as milk, cheese, eggs, fruit and infant formula. Program serves pregnant and breastfeeding women as well as infants up to 5 years of age. Serves: Los Angeles County. Hours: Mon-Fri 8:30a.m.-5:00 p.m.

Emergency Assistance/Soup Kitchen

Mary Star By the Sea Christian Care

853 W. 7th Street
San Pedro, CA 90731
(310) 548-1645

Lunch is served Mon-Fri, 11:30a.m.-12:30p.m. Groceries & clothing distribution: every Mon 9:00 a.m.-10:30a.m. Please call for more info. Holiday food bags are given with pre-registration. Call for sign-up time (4 weeks before holiday). Spanish and English are spoken. Free service, that serves San Pedro only.

Employment Placement/Job Training

Community Development Department

638 S. Beacon Street, Second Floor
San Pedro, Ca 90731
(310) 732-4645
(310) 732-4669 Fax

The Community Development Department partners with agencies and service providers throughout Los Angeles to meet the needs of families, youth, jobseekers, and businesses.

Day Laborer Program**Harbor City Community Job Center**

1385 N. Figueroa Place

Harbor City, CA 90744

(310) 663-1103

www.idepsca.org

Services provided: connects persons seeking casual labor work with employers seeking temporary workers. Depending on availability additional services may include: legal counseling, ESL classes, medical exams, clothing and food.

Employment Development Dept/Job Services

1851 N. Gaffey Street, Ste. F

San Pedro, CA 90731

(310) 732 - 5700

(310) 732 - 5729 Fax

We provide job placement assistance with emphasis on the following services: workshops, case management, internet-based, automated system (CalJOBS) which enables employers to search, screen and select employees from a database of resumes. Job seekers may enter a resume into the database & search for job openings. Veterans receive priority of services. Funding: government. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Spanish and Croatian are spoken. Requirement: disability eligible. Free services; serves: Los Angeles County.

Harbor Community Adult School

LAUSD Site/Vocational/ESL/Adult Programs

950 Santa Cruz Street

San Pedro, CA 90731

(310) 547-4425

(310) 832-3489 Fax

www.harborcas.com

Harbor Community Adult School provides: ESL, high-school diploma and GED prep, citizenship prep, computer classes, family literacy programs, parent education, programs for adults with disabilities, and older adults. We also offer free tuition for eligible students. Hours: Mon-Thurs 8:00 a.m.-9:00 p.m., Fri 8:00 a.m.-4:30p.m. Serves: Harbor City, Harbor Gateway, Lomita, San Pedro, and Wilmington.

Harbor Interfaith Services

670 W. 9th Street

San Pedro, CA 90731

(310) 831 - 0603

(310) 831 - 0791 Fax

A multi-service agency that provides the following: emergency shelter, food, advocacy on public benefits, job placement and transitional housing. Emergency shelter for homeless families is provided at a different address. Serves: South Bay area, including: San Pedro, Wilmington, Harbor City, Harbor Gateway, Lomita, and Torrance.

Harbor Occupational Center

740 N. Pacific Avenue
San Pedro, CA 90731
(310) 547-5551
(310) 547-4974 Fax
www.harboroc.org

We are committed to providing the highest quality vocational training, academic courses and job placement services to a diverse population, empowering students to succeed in a technologically changing society.

Harbor WorkSource Center

1851 N. Gaffey Street #F
San Pedro, Ca 90731
(310) 732-5700
www.worksourcecalifornia.com

Our services to job-seekers include: resume preparation, job search, job clubs, job readiness and training.

Harbor Youth Source Center

Los Angeles Harbor College
1111 Figueroa Place-SSA 133
Wilmington, CA 90744
(310) 233-4097

Youth ages 14-21 who meet eligibility criteria are provided career and educational services that include, but are not limited to the following: employment readiness, career exploration and guidance, occupational skills training, tutoring/computer training, college preparation/leadership, counseling/mentoring and alternative high school services.

Los Angeles Harbor College/EOPS

1111 Figueroa Place
Cafeteria Room 104
Wilmington, CA 90744
(310) 233-4265
(310) 233-4124 Fax
www.lahc.edu/eops

EOPS offers info and referral, counseling, education grants, financial aid for books, transportation assistance, mentoring, and student work programs, emergency no interest loans and transfer fee waiver. CARE is a special EOPS program for single parents (all ages) receiving government financial assistance; also helps with child care and gas cards. We also offer programs for youth ages 16-21 years of age who are emancipated from foster care or seeking to live independent of their guardians. Hours: Mon-Thurs 9:00 a.m.-4:30p.m.

Pacific Gateway Workforce Center

1851 N. Gaffey Street, Suite F
San Pedro, CA 90731
(310) 732-5700
(310) 241-0249 Fax

We offer state sponsored employment service, and job placement assistance. Services include: workshops, case management, educational support, internet-based automated system (Cal JOBS), which enables employers to search, screen and select employees from a database of resumes. Hours: Mon-Fri 8:00 a.m.-5:00 p.m.

San Pedro Service Center

Senior Community Service and Employment Training
769 W. 3rd Street
San Pedro, Ca 90731
(310) 519-6062
(310) 519-6091
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Title V Program is designed to help older adults, age 55 years and older, to improve and develop new skills by taking part in an on-the-job and classroom training programs.

San Pedro Skills Center

Harbor Occupational Center
920 W. 36th Street
San Pedro, Ca 90731
(310) 221 – 4651
(310) 831 – 0295

Our menu consists of vocational counseling, job training and placement. Open entry, open exit. Cooking, baking apprentice, child care, auto mechanic, auto accessories installer-mobile electronics, exhaust emissions, upholstery, swimming pool servicer, and police officer training, floor layer, landscape design. Funding: LAUSD, government and nonprofit. Hours: Mon-Fri 7:30a.m.-3:00p.m. Serves: Los Angeles County.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue
Los Angeles, CA 90059
(323) 563-5639
www.wlcac.org

The WLCAC has established a seamless, “no-fail”, job training, job placement, and post-employment training system for youth, adults, seniors, veterans, and dislocated workers as defined by the federal Workforce Investment Act.

Wilmington Skills Center

Harbor Occupational Center

217 Island Avenue

Wilmington, CA 90744

(310) 549-9831

(310) 834-9674 Fax

www.harboroc.org

Job training for adults, ESL, vocational classes. Hours: Mon-Fri 8:00 a.m.–4:00 p.m. Serves: Los Angeles County.

Ethnic/Cultural/Tourist Attractions
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Angels Gate Lighthouse

Located on the San Pedro Breakwater

www.sanpedro.com

This historic lighthouse has marked the entrance to the Port of Los Angeles since 1913.

Banning Museum

401 East M Street

Wilmington, CA 90744

Tel: (310) 548-7777

info@thebanningmuseum.org

In the heart of Wilmington sits a little-known treasure, The Banning Museum. Phineas Banning, entrepreneur, the founder of the city of Wilmington, and “the Father of the Port of Los Angeles”, built the 23-room residence in 1864. Subsequent generations lived in it until 1925. In 1927 the residence, stagecoach barn, and the surrounding 20 acres of parkland were acquired by the City of Los Angeles.

Cabrillo Marine Aquarium

3720 Stephen M. White Drive

San Pedro, CA 90731

(310) 548-7562

www.cabrillomarineaquarium.org

Since 1935, CMA has provided visitors with both a natural and interactive approach to learning about the marine environment of Southern California.

CRAFTED

112 E 22nd Street

San Pedro, CA 90731

(310) 732-1270

www.craftedportla.com

The nation’s largest indoor year-round craft marketplace, CRAFTED sparkles as the crown jewel in Southern California’s Handmade Movement. Set adjacent to a picturesque marina and just steps away from the ocean, artisanal food makers stand side-by-side with designers and craft-artists to create a bustling intersection of art and commerce.

Drum Barracks Civil War Museum

1052 Banning Boulevard
Wilmington, CA 90744
(310) 548-7509

The historic Drum Barracks Civil War Museum is the only Civil War museum in Southern California. It is housed in the last remaining building of the military post built in 1862.

Fort MacArthur Military Museum/Battery Osgood Farley

3601 S. Gaffey Street
San Pedro, CA 90731
(310) 548-2631

www.sanpedro.com

From 1916-1945, this was the Upper Reservation of the Fort, and operation post for defense of the harbor against enemy attack from the sea.

Historic Train Station - Watts

1686 E. 103rd Street and Grandee Avenue
Los Angeles, CA 90002

Listed on the National Register of Historic Places, The Historic Train Station was originally built in 1904. This was a highly trafficked stop along the historic Red Line route, in the era before the city's massive freeway system turned Los Angeles into the apotheosis of "car culture."

Japanese American Fishing Village Memorial

2500 Signal Street, Berth 68
San Pedro, CA 90731

www.sanpedro.com

The Japanese American Fishing Village is a memorial to the Japanese Fishing Village on Terminal Island.

Korean Bell/Angels Gate Cultural Center

3601 S Gaffey Street
San Pedro, CA 90731
(310) 519-0936

www.laparks.org

This intricately decorated, 18-ton bell and pavilion were donated by the South Korean government in 1976 in commemoration of our country's Bicentennial.

LA Hermandad Mexicana

116 E. Pacific Coast Highway
Wilmington, CA 90744
(310) 518-3500

We provide immigration and education services to adults. Walk-ins are welcome. Funding: nonprofit.
Hours: Mon-Fri 9:00 a.m.-5:00 p.m. Serves: Los Angeles County.

Los Angeles Fire Department Museum

630 S. Beacon Street
San Pedro, CA 90731
(323) 464 – 2727

www.lafdmuseum.org

Housed in Old Fire Station 36, one of the oldest buildings still standing in San Pedro, this museum includes LAFD apparatus and artifacts from some of the most famous fires in this part of the city.

Los Angeles Maritime Museum

Berth 84 at the foot of 6th Street and Harbor Boulevard
San Pedro, CA 90731
(310) 548-7618
(310) 832-6537 Fax

www.lamaritimemuseum.com

Completed in 1941, the Municipal Ferry Building began service transporting passengers and vehicles on double-decker ferry boats back and forth across the Main Channel. Ferry service became obsolete with the completion of the Vincent Thomas Bridge in 1963. Today it is the Maritime Museum.

Point Fermin Light House

805 Paseo Del Mar
San Pedro, CA 90731
(310) 241-0684

www.pointferminlighthouse.org

Built in 1874, the Point Fermin Lighthouse was the first navigational light into the San Pedro Bay.

Ports O' Call Village

Berth 76–Nagoya Way
San Pedro, CA 90731
www.sanpedro.com

Built in 1963, Ports O' Call Village encompasses 15 acres of shops, restaurants and attractions.

S.S. Lane Victory (Victory Ship)

Berth 46
San Pedro, CA 90731
www.lanevictory.org

This 10,000-ton fully operational World War II cargo ship is restored and operated by an all volunteer crew of the U.S. Merchant Marine Veterans of WWII.

USS IOWA

250 S. Harbor Boulevard
San Pedro, CA 90731
(877) 446-9261

www.pacificbattleship.com

Built in 1940, the USS IOWA has served our country for over 50 years. Designated the “World’s Greatest Naval Ship” due to her big guns, heavy armor, fast speed, longevity and modernization.

Warner Grand Theater

478 W. 6th Street
San Pedro, CA 90731
(310) 548-7672

www.warnergrand.org

Designed by B. Marcus Prieca, the former architect for the Pantages Theater chain, this lavish Art Deco Theater opened in January 1931. The Warner Grand is the last of the three original Warner Brother's Theaters.

Watts Towers & Cultural Art Center - Watts

1728 E. 107th Street
Los Angeles, CA 90002
(213) 847-4646

The Watts Towers & Cultural Art Center provides diverse cultural enrichment programming through tours of the Towers, lectures, changing exhibitions, and studio workshops for both teachers and students. Each year, thousands of people from all over the world are attracted to the site to participate in the programs, and to see the Towers and hear the story of their creation. The Watts Towers Arts Center is known internationally for its association with and development of master artists.

Whale Watching Tours

Ports O' Call Village
Berth 76 – Nagoya Way
San Pedro, CA 90731
(310) 831-6245

www.sanpedro.com

Boats make regular tours during the season.

Family Planning/Pregnancy/Child Birth
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Harbor Community Clinic

593 W. 6th Street
San Pedro, CA 90731
(310) 547-0202
(310) 547-5096 Fax

www.thehcc.net

Harbor Community Clinic specializes in pregnancy testing, options counseling, prenatal care, primary health care, well-baby, immunizations, STD clinic, sick child care, teen health counseling, a men's clinic, psychological counseling, and community outreach. Pediatric site hours: Mon/Fri 9:00 a.m.-5:00 p.m. Located at 731 S. Beacon Street in San Pedro. For information, please call (310) 732-5887. Hours: Mon, Thurs, Fri 8:00 a.m.-5:00 p.m., Tues & Wed 8:00 a.m.-5:30p.m. Free services; serves: South Bay and Harbor area.

Harbor Pregnancy Help Center

705 W. Pacific Coast Hwy.

Wilmington, CA 90744

(310) 518-4135

Family planning services are provided to women; and baby clothes are also provided. There is a 24 hr hotline (877) 675-5900. Funding: donations and fundraising. Hours: Mon-Fri 10:00 a.m.-5:00 p.m. Spanish and English are spoken. Requirements: All ages welcome. Serves Los Angeles County.

WIC Program - San Pedro

Public Health Foundation

312 N. Gaffey Street, Suite 101-103

San Pedro, CA 90731

(888) 942-2229

(626) 851-0481 Fax

www.fns.usda.gov/wic

With focus on women, infants and children, WIC is a supplemental food program providing nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit, and infant formula. Program serves pregnant and breastfeeding women, and infants up to 5 years of age. Locations are throughout Orange and Los Angeles Counties. Hours: Mon-Fri 8:30a.m.-5:00 p.m.

WIC Program - Watts

700 W. Imperial Highway

Los Angeles, CA 90044

(323) 241-1780

www.wicworks.ca.gov

WIC is a federally-funded health and nutrition program for women, infants, and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, and help finding healthcare and other community services. Participants must meet income guidelines and be pregnant women, new mothers, infants or children under age five.

WIC Program - Wilmington

Public Health Foundation

Wilmington, CA 90744

(888) 942-2229

(626) 851-0481 Fax

www.fns.usda.gov/wic/

Women, Infants and Children WIC is a supplemental food program that provides nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit and infant formula. Program serves pregnant and breastfeeding women as well as infants up to 5 yrs. Serves at Locations throughout Orange and L.A. Counties. Hours: Mon-Fri 8:30a.m.-5:00 p.m. Serves: L.A. County.

Wilmington Community Clinic

1009 N. Avalon Boulevard

Wilmington, CA 90744

(310) 549-5760

(310) 549-2277 Fax

Medical services includes birth control, pregnancy testing and counseling, ambulatory care, well-baby CHDP, prenatal, immunizations, STD testing and treatment, sick child care, physical exams, and general medicine. Hours: Mon 8:00 a.m. 8:30p.m., Tues 8:00 a.m.-7:00 p.m., Wed, Thurs 8:00 a.m. - 6:30p.m., Fri 8:00 a.m.-4:30p.m. Health insurance assistance is available, Medi-Cal, Healthy Families, Healthy Kids, and other available programs for patients who are eligible.

Family Resources

Family Source Centers (FSC) - Watts

Bradley Milken FSC (City-managed)

1733 East Century Boulevard

Los Angeles, CA 90002-3051

(213) 473-3607

Toberman Neighborhood Center

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145 Ext. 106

The Family Source Centers (FSC) was established in 2010, and is managed by the City's Community Development Department. The goal of the FSC is to provide a comprehensive array of personalized, social, educational, recreational and community services, and case managed services for low-income parents and their children. Services and activities may range from counseling, cultural and recreational activities, after school programs, financial counseling, tax preparation, to ESL classes, food distribution, and disaster preparation training. Please contact the center in your neighborhood for a list of current services, programs and events.

FSC's are also available for community meetings, special events, and volunteer opportunities.

In the event of a state or federally declared disaster, FamilySource Centers are the City's designated emergency centers, and will be open to assist local residents with information and services needed during the specific event.

Food Distribution and Clothing Needs

Bethel M.B.C. of South Los Angeles - Watts

10905 S. Compton Avenue

Los Angeles, CA 90002

(323) 566-5286

Bethel provides bags of groceries to individuals and families in need.

Church of Christ - Watts

110th Wilmington Avenue

Los Angeles, CA 90059

(323) 566-6537

The Church of Christ provides groceries to individuals and families in need.

Harbor Interfaith Services

670 W. 9th Street

San Pedro, CA 90731

(310) 831-0603

(310) 831-0791 Fax

www.harborinterfaith.org

The mission of Harbor Interfaith is to empower the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education and life-skills training. Emergency shelter for homeless families is provided at a different address. Hours: 9:00 a.m.-11:30a.m., 1:30p.m.-5:00 p.m. We serve the South Bay area.

Holy Trinity Catholic Church

209 N. Handford Street

San Pedro, CA 90732

(310) 548-6535

www.holytrinitysp.org

The Christian Service Program is made up of parish volunteers working together to reach out and provide assistance to individuals and families in the community. Support services include referrals, food and intervention. The group collects food once a month for distribution in the community. Food and gift boxes are prepared and distributed during the holidays.

Macedonia House of Hope

11101 Wilmington Avenue

Los Angeles, CA 90059

(323) 569-9561

Macedonia provides hot meals on Monday and Thursday to those in need. Hours: 12 noon-1:30p.m.

Mary Star Christian Care

853 W. 7th Street
San Pedro, CA 90731
(310) 548-1645
(310) 833-3541

www.marystar.org

Lunch is served Mon-Fri 11:30a.m.–12:30p.m. Groceries are distributed twice a month. Clothing is provided for adults and children; call for more information. Holiday food bags are given with pre-registration—call for sign up times (4 weeks before the holidays). You must show I.D. for groceries. Serves: San Pedro only.

Olive Branch Missionary Baptist Church - Watts

2318 E. 103rd Street
Los Angeles, CA 90002
(323) 566-1698

We provide bags of groceries those in need.

San Pedro United Methodist Church

580 W. 6th Street
San Pedro, CA 90731
(310) 548-1001
(310) 548-4289 Fax

www.gb-gm-umc.org/sanpedro

We provide a hot meal each Sunday to the homeless and poor. We also provide groceries to those in need. Meal is served at 5:00 p.m., Sunday evening, and groceries are dispensed after the meal.

St. Lawrence Brindisi Parish - Watts

10122 Compton Avenue
Los Angeles, CA 90002
(323) 567-1439

Groceries are provided to individuals and families in need.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue
(310) 832-1204

www.toberman.org

Toberman Neighborhood Center's food pantry distributes emergency groceries to those in need as well as referrals to additional crisis intervention agencies.

YWCA of the Harbor Area and South Bay

Cradle Closet
437 W. 9th Street
San Pedro, CA 90731
(310) 547-0831
(310) 547-4443 Fax
www.ywcaharbor.org

We provide maternity and baby items for pregnant women and new mothers with children up to 24 months; appointment only.

Health Care/Medical/Health Assistance
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Department of Public Social Services - Watts

10728 S. Central Avenue
Los Angeles, CA 90005
(323) 563-4051
www.ladpss.org

The Department of Public Social Services provides food stamps and Medi-Cal services.

Harbor Community Clinic

593 W. 6th Street
San Pedro, CA 90731
(310) 547-0202
(310) 547-5096 Fax
www.thehcc.net

Harbor Community Clinic specializes in pregnancy testing, options counseling, prenatal care, primary health care, well-baby, immunizations, STD clinic, sick child care, teen health counseling, a men's clinic, psychological counseling, and community outreach. Pediatric site hours: Mon/Fri 9:00 a.m.-5:00 p.m. Located at 731 S. Beacon Street in San Pedro. For information, please call (310) 732-5887. Hours: Mon, Thurs, Fri 8:00 a.m.-5:00 p.m., Tues, Wed 8:00 a.m.-5:30p.m. Free services; serves: South Bay and Harbor area.

Health Insurance Counseling Advocacy Program

Center for Healthcare Rights

520 S. Lafayette Park Place, Suite 214
Los Angeles, CA 90057
(213) 383-4519
(800) 824-0780 Fax
www.cahealthadvocates.org

Provides counseling for people that need help with or have questions about Medicare health insurance. Hours: Mon-Fri 9:00 a.m.-4:00 p.m.

South Compton Avenue Medical Clinic - Watts

9901 Compton Avenue
Los Angeles, CA 90002
(323) 835-8401

This pharmacy provides no cost to low-cost immunizations.

The Pharmacy - Watts

11905 S. Central Avenue
Los Angeles, CA 90059
(323) 564-6051

A neighborhood pharmacy for residents of Watts.

Tri-City Medical Group - Watts

11900 S. Avalon Boulevard #100
Los Angeles, CA 90061
(323) 756-1317

Provides medical services for residents of Watts.

Watts Health Center

10300 S. Compton Avenue
Los Angeles, CA 90002
(323) 564-4331

This health center is typically opened 60 hours per week.

Wilmington Community Clinic

1009 N. Avalon Boulevard
Wilmington, CA 90744
(310) 549-5760
(310) 549-2277 Fax

www.wilmingtoncc.org

Medical services offered include the following: birth control, pregnancy testing and counseling, ambulatory care, well-baby CHDP, prenatal, immunizations, STD testing and treatment, sick child care, physical exams, general medicine. Hours: Mon 8:00 a.m.-8:30p.m., Tues 8:00 a.m.-7:00 p.m., Wed & Thurs 8:00 a.m.-6:30p.m., Fri 8:00 a.m.-4:30p.m. Health insurance assistance, Medi-Cal, Healthy Families, Healthy Kids and other available programs for patients who are eligible.

Wilmington Health Center

1325 North Broad Avenue
Wilmington, Ca 90744
(310) 518-8800

sahuizar@dhs.lacounty.gov

A family practice health center.

Homeless Resources and Programs

Beacon Light Mission

Men's Shelter

525 N. Broad Avenue

Wilmington, CA 90744

(310) 830-7063

(310) 830-3260 Fax

www.beaconlightmission.org

A 21 Bed emergency shelter for men only, ages 18 years and up. The maximum length of stay is 7 nights every 2 months. Individuals from any area are welcome. Dinner is served every night to men, women and children who attend chapel services at 7:00 p.m. Hours: Mon-Fri 9:00a.m.–6:00 p.m., Sat-Sun 4:00p.m.–7:00 p.m. Requirements: Photo identification; must be clean and sober.

Beacon Light Mission/Doors of Hope

Women's Shelter

529 Broad Avenue

Wilmington, CA 90744

(310) 518-3667

(310) 830-3260 Fax

www.beaconlightmission.org/doorsofhopewomensshelter

Temporary shelter is provided along with daily meals and showers, clean clothing, counseling and spiritual guidance.

Harbor Interfaith Services

670 W. 9th Street

San Pedro, CA 90731

(310) 831-0603

(310) 831-0791 Fax

www.harborinterfaith.org

The mission of Harbor Interfaith is to empower the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education and life-skills training. Emergency shelter for homeless families is provided at a different address. Hours: 9:00 a.m.-11:30a.m., 1:30p.m.–5:00 p.m. We serve the South Bay area.

Harbor View House

Residential Nursing Care/Mentally Ill Adults

921 S. Beacon Street

San Pedro, CA 90731

(310) 547-3341

(310) 547-1384 Fax

www.hvi.com

Residential and intermediate care (nursing) for mentally ill adults; includes day rehabilitation program and life support. There is 14-day crisis intervention housing for the mentally ill homeless adults. Other services include: counseling, food, shelter & case management. Hours: Mon-Fri 8:30a.m.–5:00 p.m. Referral by County Mental Health. We accept Medi-Cal.

Rainbow House Emergency Shelter

(Confidential Site)

San Pedro, CA 90731

(310) 548 – 5450

(310) 548 – 0611 Fax

(310) 547 – 9343 Hotline

www.rainbowservicesdv.org

The following services are offered by Rainbow House: emergency food, meals, emergency shelter, transitional housing, legal aid, benefits eligibility assistance, case management, parenting education, domestic violence services, and counseling. English and Spanish are spoken. Hours: 24 hours, 7 days a week.

SHAWL House

Support for Harbor Area Women's Lives

936 S. Centre Street

San Pedro, CA 90731

(310) 521-9310

(310) 521-0359

www.shawlomenshouse.org

The SHAWL House is a residential treatment program for homeless and chemically dependent women with few alternatives for free or low-cost treatment. The services include: living space for ten women with the goal of empowering the women to be fully independent, productive members of society and enable them to reunite with their children. Serves women 18-64 years of age with the maximum stay of 6 months for residential treatment. Hours: 9:00 a.m.–5:00 p.m.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

www.wlcac.org

The WLCAC provides various services which include an access center, shelter plus care, women's shelter, and transitional housing for mental health clients.

Hospitals

Kaiser Permanente

25825 S. Vermont Avenue
Harbor City, CA 90710
(310) 325-5111
(310) 517-2234 Fax
www.kaiserpermanente.org

A 231 bed hospital that offers the following services: obstetrics, cardiology, oncology, specialized surgery, nephrology, orthopedics, chemical dependency program, and family recovery services. Doctors are available 24 hours. We serve: Los Angeles and Orange Counties.

Providence Little Company of Mary

San Pedro Hospital
1300 W. 7th Street
San Pedro, CA 90732
(310) 832-3311
(310) 514-5314 Fax
www.providence.org

Providence is a 387 bed facility that offers acute care with a maternity ward. Other services include the following: adult chemical dependency program, pediatrics unit, 24 hour emergency room, ICU, oncology, industrial care center, blood donor center, MRI, skilled nursing pavilion, Hospice program, home health care program, and a cardiac lab.

Housing/Assistance/Tenant Rights

Beacon Light Mission

525 N. Broad Avenue
Wilmington, Ca 90744
(310) 830 - 7063
(310) 830 - 3260 Fax

This 21 bed emergency shelter is for men only, 18 years of age, with the maximum stay of 7 nights, every 2 months. Individuals from any area are welcome. Dinner is served every night to men, women, and children who attend chapel services at 7:00 p.m. Funding: local churches and donations. Hours: Mon-Fri 9:00 a.m.-6:00 p.m., Sat & Sun 4:00 p.m.-7:00 p.m. Requirements: Picture ID, and must be clean and sober.

Imperial Courts - Watts

RAC
11543 Croesus Avenue
Los Angeles, CA 90059
(323) 249-7762

Imperial Courts is a public housing project.

Jordan Downs - Watts

9800 Grape Street
Los Angeles, CA 90002
(323) 357-6785
(323) 249-5453

RMC/Management Office

Jordan Downs Housing Project is a 700-unit public housing apartment complex. The complex is owned and managed by the Housing Authority of the City of Los Angeles (HACLA).

Nickerson Gardens - Watts

1590 114th Street
Los Angeles, CA 90059
(323) 357-6777
(323) 564-3992 Fax

Nickerson Gardens is a 1054-unit public housing apartment complex.

Ozie Gonzaque Village - Watts

RAC
10516 Antwerp Street
Los Angeles, CA 90002

A public housing project operated by the Housing Authority of the City of Los Angeles (HACLA).

Housing/Low Income/HUD

Imperial Courts - Watts

11541 Croesus Avenue
Los Angeles, CA 90059
(323) 249-7762
(323) 249-0938 Fax

Imperial Courts is a public housing project in Watts.

Jordan Downs - Watts

9800 Grape Street
Los Angeles, CA 90002
(323) 357-6785
(323) 566-9543 Fax

Jordan Downs is a 700-unit public housing complex. This complex is owned and managed by the Housing Authority of the City of Los Angeles (HACLA).

National Housing Property Management (NHPM)

360 W. 3rd Street
San Pedro, CA 90731-2740
(310) 832 – 4501
(310) 832 –2769 Fax

NHPM is Section-8 rental housing for families with a wait time of 3-5 yrs. Hours: Mon-Fri 8:00a.m.-5:00 p.m. Spanish and English are spoken. Requirement: Low income. Serves: Los Angeles County.

Nickerson Gardens - Watts

1590 114th Street
Los Angeles, CA 90059
(323) 357-6777
(323) 564-3992 Fax

Nickerson Gardens is a 1054-unit public housing apartment complex.

Ozie Gonzaque Village - Watts

1515 E. 105th Street
Los Angeles, CA 90002
(323) 249-7768
(323) 249-7773 Fax

Ozie Gonzaque Village is a public housing project operated by Housing Authority of the City of Los Angeles (HACLA)

Immigration/Refugee Programs

LA Hermandad Mexicana

116 E. Pacific Coast Highway
Wilmington, CA 90744
(310) 518-3500

We provide immigration & education services to adults. Walk-ins welcome. Funding: Nonprofit. Hours: Mon-Fri 9:00 a.m.-5:00 p.m. Serves: Los Angeles County.

Mahar House Community Center/Catholic Charities

1115 Mahar Avenue
Wilmington, CA 90744
(310) 834 – 7265
(310) 834 – 8813 Fax

Mahar House offers a variety of activities for school-aged children and young adults. These include the following: parenting classes, literacy classes, family development network, counseling, case management for low income families, and immigration services. Funding is through the United Way and Catholic Charities; our services are free. We are a nonprofit agency. Hours: Mon-Fri 9:00 a.m.-4:00 p.m. Spanish is spoken. Serves: South Bay area, except Long Beach.

Law Enforcement

Anonymous Crime Hotline - WE TIP

800-78-CRIME

800-47-ARSON

855-86-BULLY

800-47-DRUGS

800-US-FRAUD

800-6-HITNRUN

www.wetip.com

24 hours, 7 days a week.

LAPD Harbor Division - San Pedro/Harbor Area

2175 John S. Gibson Blvd.

San Pedro, CA 90731

(310) 726-7700 Voice

(310) 518-6387 TDD/TTY

Legal Assistance

Los Angeles County Superior Court - San Pedro

San Pedro Courthouse/ South District

505 S. Centre Street

San Pedro, CA 90731

(310) 519-6201

(310) 548-3214 Fax

The Los Angeles Superior Court is dedicated to resolving and recording legal matters while upholding the following values: fairness, accessibility, integrity, responsiveness and responsibility. Hours: Mon-Fri 8:30a.m.-4:30p.m.

Los Angeles County Superior Court - San Pedro

San Pedro Annex Courthouse

638 S. Beacon Street, Room 676

San Pedro, CA 90731

(310) 519-8015

(310) 514-0314 Fax

The Los Angeles Superior Court is dedicated to resolving and recording legal matters while upholding the following values: fairness, accessibility, integrity, responsiveness and responsibility. Hours: Mon-Fri 8:30a.m.-4:30p.m.

Libraries

Alma Reaves Woods - Watts Library

Los Angeles Public Library
10205 Compton Avenue
Los Angeles, CA 90002
(323) 789-2850
(323) 789-2859 Fax
www.lapl.org

We offer a variety of programs including, adult literacy, financial literacy, Central Avenue Sounds, Teen Time, Volunteer Training, Teen Council, LACMA Family Art Class, Story time for Little Listeners, Computer Comfort, and Electronic Resources. All branch libraries provide free access to computer work stations which are connected to the library's information network. Additionally, we provide internet access which allows the public to search LAPL's many electronic resources including the online catalog with over 100 subscription databases, word processing, language learning, literacy, and a large historic document and photograph collection. Web sites are provided for children, teens and Spanish speakers.

L.A. Public Library

931 S. Gaffey Street
San Pedro, CA 90731
(310) 548 - 7779
(310) 548 - 7453 Fax
www.lapl.org

We provide a variety of services, including: books on tape, large print books, shut-in service, typewriter, copier, public meeting room, videos, cassettes, public internet access, free word processing computers, and laser printers. Additionally, we offer pre-school storytelling, toddler story time, tutoring by the San Pedro Youth Coalition during the school year, a literacy program, local history, sailing, ship history collections, foundation & grant collection, books in a variety of languages—Spanish, Italian, German, French, Russian, Japanese, Serbian, Croatian, and Chinese. Hours: Mon-Thurs 10:00 a.m.-8:00 p.m., Fri & Sat 10:00 a.m.-6:00 p.m., Sun 1:00 p.m.-5:00 p.m. Croatian, Hungarian, and Spanish Spoken. Serves: Harbor and Port areas of Los Angeles.

Wilmington Branch Library

1300 N. Avalon Boulevard
Wilmington, 90744
(310) 834-1082
(310) 548-7418 Fax
www.lapl.org

There are a variety of activities offered: Game Night, Teen Council, BARK, Pre-school storytelling, Lego Club, Fun in the Park, Computer Comfort, and electronic resources. All branch libraries provide free access to computer workstations which are connected to the library's information network. In addition to providing Internet access, these workstations enable the public to search LAPL's many electronic resources including the online catalog, over 100 subscription databases, word processing, language learning, literacy and a large historic document and photograph collection. Specially designed Web sites are provided for children, teens and Spanish speakers.

Literacy/ESL Program

Calvary Presbyterian Church

1160 Marine Avenue
Wilmington, CA 90744
(310) 835-8333
www.cpcwilmington.org

We conduct English classes twice per week.

Harbor Community Adult School

LAUSD Site/Vocational/ESL/Adult Programs
950 W. Santa Cruz Street
San Pedro, CA 90731
(310) 547-4425
(310) 832-3489 Fax

Our programs include the following: vocational education, ESL, high school diploma & GED prep, citizenship prep, computer classes, family literacy programs, parent education, programs for adults with disabilities and older adults. Open enrollment; and tuition is free for eligible students. Funding: state and federal. Hours: Mon-Thurs 8:00 a.m.-9:00 a.m., Fri 8:00 a.m.-4:30p.m. Spanish is spoken. Serves: Harbor City, Harbor Gateway, Lomita, San Pedro, and Wilmington.

Mahar House Community Center/Catholic Charities

1115 Mahar Avenue
Wilmington, CA 90744
(310) 834 - 7265
(310) 834 - 8813 Fax

Mahar House offers a variety of activities for school-aged children and young adults. These include the following: parenting classes, literacy classes, family development network, counseling, case management for low income families, and immigration services. Funding is through the United Way and Catholic Charities; our services are free. We are a nonprofit agency. Hours: Mon-Fri 9:00 a.m.-4:00 p.m. Spanish is spoken. Serves: South Bay area, except Long Beach.

Parenting Resources/Education

Bandini Healthy Start/Family Resources Center

425 N. Bandini Street
San Pedro, CA 90731
(310) 832-0282

We are a healthy start-multi disciplinary team of professionals who collaborate with families, schools, and communities to facilitate an equitable access to health, mental health and human services necessary to maximize the academic achievement, and well being of students. Hours: Mon-Fri 8:00 a.m.-2:30p.m.

Harbor Gang Alternative Program (GAP)

309 West Opp Street
Wilmington, CA 90744
(310) 519 – 7233
(310) 519 – 8730 Fax
www.gangfree.org

GAP offers programs and services for at-risk youth. These include the following: mentoring, tutoring, school-based gang prevention for 4th and 6th grades, court approved parent education program, and graffiti abatement. We also provide counseling referrals to other agencies for students who still exhibit at-risk behavior even after the completion of our gang alternative program. Other locations are in Boyle Heights and Compton. Funding: Nonprofit. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Spanish spoken. We serve Los Angeles County.

Mahar House Community Center/Catholic Charities

1115 Mahar Avenue
Wilmington, CA 90744
(310) 834-7265
(310) 834-8813 Fax

Mahar House offers a variety of activities for school-aged children and young adults. These include the following: citizenship classes, parent education, literacy classes, family development network, counseling, case management for low income families, and immigration services. Funding is through the United Way and Catholic Charities. Our services are free. We are a nonprofit agency. Hours: Mon-Fri 9:00 a.m.-4:00 p.m. Spanish is spoken. Serves: Wilmington.

Robert F. Kennedy Institute (RFKI)

544 N. Avalon Boulevard, Suite 309
Wilmington, CA 90744
(310) 834-3484
rfkinst@sbcglobal.net

Established in 1992, Robert F. Kennedy Institute's (RFKI) mission is to improve the health and well-being of children and their families in the Harbor/South Bay communities of Los Angeles County by directly providing or facilitating free health and human services programs in a high-quality, culturally competent manner. RFKI works as a service provider and as an intermediary, helping residents conquer bureaucratic, cultural, and other roadblocks, while linking clients to available public services.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue
San Pedro, CA 90731
(310)832-1145
(310)832-7861 Fax
www.toberman.org

The Family Source Center (FSC) at Toberman is a hub for all of our family services. We focus on strengthening the family unit through case management as the core method for meeting this goal. Individuals and families receive carefully developed case plans, helping them move past barriers to develop healthy, independent lives, through the following programs: Parent/Teen Program; strengthening family units through open communication, effective parenting skills and developing respectful teen attitudes.

United Way of Greater Los Angeles

1127 North Avalon Boulevard
Wilmington, Ca 90744
(310) 518-2559
www.unitedwayla.org

United Way in Wilmington is an educational initiatives driven agency with literacy programs, parenting and learning events.

Volunteers of America/Los Angeles

Harbor City Early Head Start
1081 W. 257th Street
Harbor City, CA 90710
(310) 257-6892
(310) 257-0149 Fax

We have home base and site programs in the South Bay area that is educational, social and health focused to improve parenting skills, increase awareness in child development, nutrition and health with the overall goal of strengthening the family unit. Individual, family and group counseling serves are available. We serve pregnant women and children up to 3 years of age. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Home base office is located at 1135 W. 257th Street, Harbor City. Serves: Wilmington, San Pedro, Lomita, parts of Torrance, Carson, Lennox, Hawthorne and Gardena.

YWCA/Harbor Area and South Bay

437 W. 9th Street,
San Pedro, CA 90731

(310) 547-0831

(310) 547-4443 Fax

www.ywcaharbor.org

The YWCA's services specializes in: infant, preschool and latchkey childcare, day camp; low fee parenting class (available in English and Spanish), cradle closet for pregnant women and teens, youth anger management classes, conflict resolution, info and referral services for families in crisis, seminars and support groups for women and girls, ENCORE PLUS a breast and cervical cancer early screening program, thrift shop. Hours: Mon-Fri 8:00 a.m.-4:30p.m., childcare 6:30a.m.-6:00 p.m. Serves: San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway, Palos Verdes, Torrance and South Bay cities.

Pregnant and Parenting Teens

Casa De Los Angelitos

954 Koleeta Drive
Harbor City, CA 90710

(310) 325-8208

(310) 325-8217 Fax

www.casadelosangelitos.org

Casa De Los Angelitos provides a home for pregnant women in crisis, 18 yrs of age and over. Women must show proof of the following tests: TB, STD, and drug. Free counseling is offered, along with parent & life skills education. Please call for information and openings. Hours: Mon-Fri 8:00 a.m.-5:00 p.m.

WIC PROGRAM - San Pedro

Public Health Foundation
312 N. Gaffey Street, Suite 101-103
San Pedro, CA 90731

(888) 942-2229

(626) 851-0481 Fax

www.fns.usda.gov/wic

WIC is a supplemental food program that provides nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit and infant formula. The program serves pregnant and breastfeeding women as well as infants up to 5 years of age. We serve locations throughout Orange & Los Angeles County. Hours: Mon-Fri 8:30a.m.-5:00 p.m. Serves L.A. County

WIC Program - Wilmington

Public Health Foundation

133-137 East L Street

Wilmington, CA 90744

(888) 942-2229

(626) 851-0481 Fax

www.fns.usda.gov/wic

WIC is a supplemental food program that provides nutrition education and coupons for purchasing specific foods such as milk, cheese, eggs, fruit and infant formula. The program serves pregnant and breastfeeding women as well as infants up to 5 years of age. We serve locations throughout Orange and Los Angeles County. Hours: Mon-Fri 8:30a.m.–5:00 p.m. Serves L.A. County

YWCA Harbor Area and South Bay

437 W. 9th Street

San Pedro, CA 90731

(310) 547-0831

(310) 547-4443 Fax

www.ywcaharbor.org

The YWCA’s services specializes in infant, preschool and latchkey childcare, day camp, low fee parenting class (available in English and Spanish), cradle closet for pregnant women and teens, youth anger management classes, conflict resolution, info and referral services for families in crisis, seminars and support groups for women and girls, ENCORE PLUS a breast and cervical cancer early screening program, thrift shop. Hours: Mon-Fri 8:00 a.m.-4:30p.m., childcare 6:30a.m.-6:00 p.m. Serves: San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway, Palos Verdes, Torrance and South Bay cities.

Toberman Neighborhood Center

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145

Toberman Neighborhood Center offers self help groups, such as, Domestic Violence for men and women, anger management, and drug diversion. Please call for specific self help groups that meet on location.

Self-Help/Support Groups

Co-Dependents Anonymous, Inc.

(323) 969-4995

We offer a referral message line to meetings in Los Angeles. Hours: 24 hour info line.

Domestic Violence Helpline

Rainbow Services, LTD,
P.O. BOX 547
San Pedro, CA 90733
(310) 547-9343
(310) 548-0611 Fax
www.thehotline.org

Our support groups are open to all men and women experiencing domestic violence. English groups are on Wednesday at 1:00 pm.; Thursdays at 6:00 pm. Spanish groups meet on Tues & Weds 6:00 a.m.- 1:00 p.m., Fri 12:30p.m. The hotline is available 24 hours. Services are free, along with free childcare during support groups.

Narcotics Anonymous

L.A. County
(818) 773-9999
(888) 622-4672 Spanish
www.na.org

This is a 24 hour helpline for Los Angeles County and San Gabriel areas. A volunteer or a tape message refers to self-help groups and daily meetings.

San Pedro Service Center

769 W. 3rd Street
San Pedro, Ca 90731
(310) 519-6091
(310) 519-6095 (Angie)
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. The APS Clerk provides assistance for elders who are experiencing difficulties living alone; facing problems with a caregiver; possible victim of a scam; someone trying to take advantage of your finances; someone trying to force you to sign unfamiliar documents; and if you're just feeling sad and lonely.

Senior Housing

George Mc Donald Court - Watts

1800 E. 92nd Street
Los Angeles, CA 90002
(323) 566-8608

Little Sisters of the Poor

2100 S. Western Ave.
San Pedro, CA 90731
(310) 548 - 0625

Little Sisters of the Poor is a 34-bed skilled nursing facility that serves ages 60 years and over; ambulatory, non-ambulatory. The setting is independent living, residential and assisted living. Funding: Nonprofit. Hours: Mon-Fri 8:00 a.m.-5:00 p.m., 24 hr. service. Bi-lingual Spanish with the following requirements: elderly poor; accepts Medi-cal, Medicare, SSI. Serves: San Pedro.

Los Palos Convalescent Hospital

1430 W. 6th Street
San Pedro, CA 90732
(310) 832 - 6431
(310) 832 - 3390 Fax

We are a 99-bed hospital that serves adults; ambulatory, non-ambulatory. We admit Alzheimer's, Multiple Sclerosis, IV/Wound care, respite, hospice, and Wanderer-Alert System. Hours: Mon-Fri 8:30a.m.-6:00 p.m. Tagalog spoken. Accepts Medi-Cal, Medicare, SSI, HMO. Serves: San Pedro.

Seacrest Convalescent Hospital

1416 W. 6th Street
San Pedro, CA 90732
(310) 833 - 3526
(310) 831 - 3053 Fax

80-bed facility, serves ages 50yrs+; ambulatory, non-ambulatory. Accepts Alzheimer's Multiple Sclerosis, Spinal Cord Injury, Naso-Gastric Intestinal Tube. Hospice, Wanderer-Alert System. Hours: Mon-Fri 8:30a.m.-6:00 p.m. Tagalog spoken. Accepts Medi-cal, Medicare, and SSI. Serves: San Pedro.

Senior/Multiple Services

Active Aging Program

Providence Little Company of Mary
1300 W. 7th Street
San Pedro, Ca 90732
(310) 832-3311
www.providence.org

Active Aging provides motivation and support to adults who want to become more physically active and/or maintain their activity level. Participants are matched with a trained telephone support buddy. A newsletter, series of related lectures, information & referral to community exercise resources and other benefits are also provided. Funding: Nonprofit. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Bi-lingual Spanish is spoken. The requirement is: Ages 50yrs+. Serves: South Bay and Harbor communities.

Anderson Memorial Senior Center

828 S. Mesa Street
San Pedro, CA 90731-3218
(310) 548-7596
(310) 548-7597

We offer multiple social service programs, information and referral, wholesome recreational, intellectual and social activities including sewing classes, bingo clubs, trips, and hot meals. Hours: Mon-Thur 8:30a.m.-5p.m., Fri 8:30a.m.-4:00 p.m. Serves: San Pedro.

Banning Pool

L.A. City, Department of Parks and Recreation
1450 N. Avalon Boulevard
Wilmington, CA 90744
(310) 548-7420
www.laparks.org

We offer therapeutic swimming classes for disabled children and adults; located in Banning High School. Also open to public for recreational swimming; year around, outdoor, heated pool. Parent must accompany children under 7 years. We have a Special Olympics swim team program. No wheel chair ramp or lift. Call first for the special activities schedule. Hours: Mon-Fri 3:30p.m.-8:00 p.m., Sat and Sun 1:00 p.m.-5:00 p.m.

Center for Optimal Aging

Providence Little Company of Mary
1300 W. 7th Street
San Pedro, CA 90732
(310) 832-3311

www.providence.org

The Center for Optimal Aging provides motivation and support to adults, age 50+ years who want to become more physically active and/or maintain their activity level. Participants are matched with a trained telephone support buddy. A newsletter, a series of related lectures, info and referral to community exercise resources and other benefits are also provided. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Serves: South Bay and Harbor communities.

Community Meal Site for Seniors

Amvet Nutrition Site
121 W. E Street
Wilmington, CA 90744
(310) 513-6554

Hot meals are served for seniors, ages 55 yrs and older. Also, computer classes, ESL, craft classes, food pantry, and trips are exciting activities for seniors. Funding: Jaycee Foundation. Hours: Lunch Mon-Fri 11:30-12:00.p.m. Spanish spoken. Serves the Harbor area.

George McDonald Court - Watts

1800 E. 92nd St.
Los Angeles, CA 90002
(323) 566-8608

George McDonald Court is a retirement home for seniors of Watts.

Gibson Manor - Watts

1501 E. Century
Los Angeles, CA 90002
(323) 564-0478

Units are specially designed for seniors and people with disabilities. There are lower counter-tops and hand rails, and we are conveniently located close to schools, shopping, dining, parks, and hospitals.

Normandale Recreation Center

22400 S. Halldale Avenue
Torrance, CA 90501
(310) 328-3689

www.laparks.org

This Center is a senior lunch site, Mon-Fri 10:30a.m. There are some recreational activities and a senior club. Transportation is provided to the senior lunch program. Hours: Mon-Fri 8:00 a.m.-10:00 a.m., Sat & Sun 9:00 a.m.-5:30p.m.

Oasis at the Harbor

Harbor Terrace Retirement Community

435 W. 8th Street

San Pedro, CA 90731

(310) 547-0090

(310) 547-5998 Fax

Older Adult Service and Information Systems (OASIS), offers cultural, education classes and events enabling adults 60 years and up to enrich their lives by renewing past interests and learning new skills and talents. Hours: Mon, Tues, Thur, 10:00 a.m.-4:00 p.m. Open to all regardless of income. Most classes are free or a nominal fee.

Salvation Army/Sage House

Adult Day Care Program

138 S. Bandini Street

San Pedro, CA 90731

(310) 832 - 6031

(310) 832 - 6677 Fax

Stimulating day program promoting good physical and mental well being, including social activities, individual living skills, observation, care planning, self-esteem enhancement and grooming care. Hot lunch and two snacks served each day. Support groups for families. P/T care for frail seniors needing supervision due to Alzheimer's, related disorders or physical disability. Funding: non-profit. Hours: Mon-Fri 8:00 a.m.-5:00 p.m. Spanish spoken. Requirements: non-medical, non-residential facility. Accepts Scan Senior HMO, private funds, and limited scholarship funds. Serves the South Bay.

Toberman Neighborhood Center Inc.

Toberman Senior's Club

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145

(310) 832-6712 Fax

www.toberman.org

Toberman Senior's Club provides aged members of our community with social activities, aerobic exercise and field trips to cultural and recreational venues. Hours: Mon-Fri 9:00 a.m.-5:00 p.m.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

www.wlcac.org

The WLCAC operates the largest senior citizens program in the Los Angeles metropolitan area. Two multi-purpose centers, one in Watts and one near downtown Los Angeles, provide recreational activities, educational programs, health screenings, field trips, day care, and hot meals to the elderly.

Watts Senior Center - Watts

1657 E. Century Boulevard
Los Angeles, CA 90002
(323) 564-9440

Located in historic south Los Angeles, the Watts Senior Center and Rose Garden provides a relaxing environment for its seniors. The center offers many events, such as music and dance classes, cooking lessons, and field trips to museums and gardens. Its award-winning rose garden is a lovely place for special events and wedding receptions or ceremonies. The center's auditorium seats 125 for meetings and lectures. A fully equipped kitchen and dining room provide lunch daily to seniors.

Wilmington Jaycee Foundation

Wilmington Senior Citizen Multipurpose Center
1371 N. Eubank Avenue
Wilmington, CA 90744
(310) 518-4533
(310) 518-9912 Fax

Congregate nutrition, home delivered meals, transportation, legal, case management, in-home services, info and referrals. Call or walk in. Hours: Mon-Fri 8:00 a.m.-4:30p.m. Serves: Wilmington, San Pedro, Harbor City, and Harbor Gateway.

Wilmington Senior Center

1371 Eubank Avenue
Wilmington, Ca 90744
(310) 518-4533

Gary-kern@att.net

The Center provides services to seniors such as employment, fitness and health, and general information.

YWCA of the Harbor Area & South Bay

Encore plus Program
437 W. 9th Street
San Pedro, CA 90731
(310) 547-0831
(310) 547-4443 Fax

www.ywcaharbor.org

We offer free breast and cervical cancer early screening and education programs. Call for appointment and/or information. Hours: Mon-Fri 8:00 a.m.-4:30p.m

Senior/Nutrition Services

Community Meal Site for Seniors

Harbor Towers
340 S. Mesa Street
San Pedro, CA 90731
(310) 831-8981
(310) 831-0187 Fax

We serve hot meals to seniors 62 years of age and over; Mon-Fri 11:30a.m.

Community Meal Site for Seniors

Anderson Memorial Senior Center
828 S. Mesa Street
San Pedro, CA 90731-3218
(310) 548-7596

Our program serves hot meals to seniors 60 years +; Mon-Fri 11:30a.m.

Community Meal Site for Seniors

San Pedro Service Center
769 W. 3rd Street
San Pedro, CA 90731
(310) 519-6091
(310) 548-4880 Fax

Our program serves hot meals to seniors 60 years +. Mon-Fri 11:30a.m.-12:00 p.m. Serves: Harbor area

Community Meal Site for Seniors

Wilmington Multi-purpose Center
1371 N. Eubank
Wilmington, CA 90744
(310) 518-4533
(310) 518-9912 Fax

We serve meals to seniors 60 years +. Mon-Fri 12:00 p.m. Sponsored by Wilmington Jaycee Foundation.

Community Meal Site for Seniors

Amvet Nutrition Site
121 W. E Street
Wilmington, CA 90744
(310) 513 - 6554

We serve hot meals to seniors, ages 60 yrs+; Mon-Fri 11:00 a.m.

Home Delivered Meals - Wilmington

Wilmington Senior Center

1371 N. Eubank

Wilmington, CA 90744

(310) 518-4533

(310) 518-9912 Fax

Meals are delivered Mon-Fri 10:00 a.m.-12:00 p.m. to seniors 60 years +. We serve: Wilmington, San Pedro, Harbor City, and Harbor Gateway.

Meals on Wheels - San Pedro

(310) 832-7335

A non-profit volunteer community service organization that serves home delivered meals for the house-bound, without regard to age, race, sex or religion.

San Pedro Service Center

769 W. 3rd Street

San Pedro, Ca 90731

(310) 519-6091

(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. Hot meals are served to older adults Mon- Fri. Seniors 60+, Food Bank Program every 3rd Friday from 9:00 a.m. – 11:00 a.m.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue

Los Angeles, CA 90059

(323) 563-5639

www.wlcac.org

The WLCAC operates the largest senior citizens program in the Los Angeles metropolitan area. Two multi-purpose centers, one in Watts and one near downtown Los Angeles, provide recreational activities, educational programs, health screenings, field trips, day care, and hot meals to the elderly.

Transportation

Metropolitan Transit Authority (MTA)

One Gateway Plaza

Los Angeles, CA 90012

thecustomerrelations@metro.net

Bus/Rail: (323) 466-3876

Wheelchair Lift: (800) 621-7828

Hearing/Speech Impairment: 711 & then number

Admin: (213) 922-6000

Lost & Found: (323) 937-8920

Veteran/Military Services

American Legion Post #688

1260 Board Avenue
Wilmington, CA 90744-4925
(310) 830 – 7899
Funding: Nonprofit.

Cal Veterans

(818) 916-8928
www.caiveterans.org
ojchavez@caiveterans.org

CAL Veteran's is a pro-active veteran's organization that assists veterans in utilizing the benefits that are available through their military service. Veteran services offered include the following: job assistance, veteran benefits, education, veteran programs, home assistance, and counseling services.

San Pedro Service Center

769 W. 3rd Street
San Pedro, Ca 90731
(310) 519-6091
(310) 548-4880 Fax

San Pedro Service Center is a multipurpose facility designed to enhance the community with a range of education, social recreation and nutrition services. A veteran counselor provides information and referrals and application assistance on health care benefits, housing, and bereavement counseling of Fridays from 8:00 a.m. – 5:00 p.m.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue
Los Angeles, CA 90059
(323) 563-5639
www.wlcac.org

The WLCAC has established a seamless, “no-fail”, job training, job placement, and post-employment training system for youth, adults, seniors, veterans, and dislocated workers as defined by the federal Workforce Investment Act.

Volunteer Opportunities

Clean Wilmington

(310) 720-5249
We participate in a variety of community clean-up projects; please call for additional information.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue
San Pedro, CA 90731
(310) 832-1145
(310) 832-6712 Fax
www.toberman.org

Toberman welcomes volunteers. Our creative programming can accommodate teen internships and community service hour projects. For a listing of our opportunities, please see our website.

Volunteer Center - South Bay

Main Office
1230 Craven Avenue
Torrance, CA 90501
(310) 212-5009
(310) 212-7201 Fax

We recruit and refer volunteers to nonprofit agencies that have volunteer needs. Additionally, we provide technical assistance and conduct workshops. Walk-in or call. Hours: Mon-Fri 8:30a.m.-4:00 p.m. Serves: South Bay, Harbor area and Long Beach.

Women’s Groups/Services

Casa De Los Angelitos

954 Koleeta Drive
Harbor City, CA 90710
(310) 325-8208
(310) 325-8217 Fax

We provide a safe, secure, compassionate, yet structured environment for women in crisis pregnancies and their infants. We also encourage our residents to continue their education, establish goals and move forward in a positive, responsible way to ensure a full, happy and productive life for their new family. We acknowledge the stresses of an unplanned pregnancy and commend our residents for choosing life for their child. Casa De Los Angelitos supports our residents throughout their pregnancy and provides limited services after residency is completed.

Doors of Hope Shelter

529 Broad Avenue
Wilmington, Ca 90744
(310) 518-3667
www.beaconlightmission.org

Doors of Hope provide food, clothing, and temporary shelter for women.

Watts Labor Community Action Committee (WLCAC)

10950 S. Central Avenue
Los Angeles, CA 90059

(323) 563-5639

www.wlcac.org

The WLCAC provides various services which include an access center, shelter plus care, women's shelter, and transitional housing for mental health clients.

YWCA - Harbor Area and South Bay

437 W. 9th Street

San Pedro, CA 90731

(310) 547-0831

(310) 547-4443 Fax

The YWCA specializes in infant, preschool and latchkey childcare, day camp, low fee parenting class (available in English and Spanish), cradle closet for pregnant women and teens, youth anger management classes, conflict resolution, info and referral services for families in crisis, seminars and support groups for women and girls, ENCORE PLUS a breast and cervical cancer early screening program, and thrift shop. Hours: Mon-Fri 8:00 a.m.-4:30p.m., childcare 6:30a.m.-6:00 p.m. Serves: San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway, Palos Verdes, Torrance and South Bay cities.

Youth and Gang Alternative/Intervention Resources

Boys and Girls Club - Wilmington

1444 W. Q Street

Wilmington, CA 90744

(310) 549-8323

(310)549-2439 Fax

www.bgca.org

We are a youth guidance and prevention program that offers academic enrichment and a variety of recreational activities, game room, athletics, karate classes, arts and crafts and a computer learning center. Also, we have a full summer and off-track inter-session day camp activities. We also offer gang prevention through targeted outreach efforts. Hours: Mon-Fri 7:00 a.m.-7:00 p.m., ages 6-18 years. Serves: Harbor area

Gang Alternatives Program (GAP)

San Pedro, Ca 90731

(310) 519-7233

www.gangfree.org

The mission of GAP is to eliminate the base of gang membership by having a generation of young people say "no" to gangs and "yes" to positive lifestyle choices. The gang-free program components are: a school-based youth gang prevention curriculum for 2nd, 4th, and 6th grades; a court approved parent and teen education program; a graffiti abatement program; bulky items pick-up program; community beautification; youth job training and development; case management; STEP-UP! after school programs; outreach and referral services; and the Gang Free Life initiative. Please see our website for more information. Services: Watts, Wilmington, San Pedro, Harbor City, Lennox, Lomita, El Sereno.

Harbor Gang Alternative Program (GAP)

309 West Opp Street
Wilmington, CA 90744
(310) 519 – 7233
(310) 519 – 8730 Fax
www.gangfree.org

The mission of GAP is to eliminate the base of gang membership by having a generation of young people say “no” to gangs and “yes” to positive lifestyle choices. The gang-free program components are: a school-based youth gang prevention curriculum for 2nd, 4th, and 6th grades; a court approved parent and teen education program; a graffiti abatement program; bulky items pick-up program; community beautification; youth job training and development; case management; STEP-UP! After school programs; outreach and referral services; and the Gang Free Life initiative. Please see our website for more information. Services: Watts, Wilmington, San Pedro, Harbor City, Lennox, Lomita, El Sereno.

Neighborhood Youth Achievers (NYA) -Watts

10221 S. Compton Avenue
Los Angeles, CA 90002
(323) 569-6962
(323) 564-5973 Fax
www.nyachievers.org

NYA is dedicated and committed to improving academic performance, enhancing citizenship, promoting volunteerism, and encouraging the pursuit of professional and personal development for young men and women in the Watts community of Los Angeles, California.

The Guidance Center

160 W. 6th Street
San Pedro, CA 90731
(310)833-3135
(310)833-3572 Fax
www.tgclb.org

Mental health services for children, youth and their families are provided. Services for children 2-17 years includes: psychotherapy, substance abuse counseling, inpatient rehab and outpatient child day rehab, Multi-systemic Family Therapy, intensive mental health, probation and children and family services, school based MHS; early intervention initiative, dual-diagnosis prevention, assessment and treatment, mentoring, Juvenile Justice and Gang Diversion, and Adolescent Day Treatment. Additional services offered are: ADHD assessment and treatment, parent education, training and support, family preservation and Cal Works MHS support.

Urban Arts Crew

626 North Avalon Boulevard
Wilmington, CA 90744
(310) 816-0937
(310) 213-1449

Urban Arts Crew, a program of South Bay Counseling Center, is a creative, skills-building program for youth ages 16-21 who want to explore the various genres of Urban Art and gain the skills needed to enter the creative economy of Los Angeles.

Watts Labor Community Action Committee (WLCAC)**Inner City Youth**

10950 S. Central Avenue
Los Angeles, CA 90059
(323) 563-5639
www.wlcac.org

The Inner Circle Youth (ICY) is an entrepreneurial and leadership development model that helps at-risk youth build community and cultural values, set lifelong and positive goals, and break social, educational, and economic barriers to develop end-dependence. As a learning model, ICY guides the development and administration of all WLCAC programs involving youth and/or education.

Wilmington Teen Center

612 W. E Street
Wilmington, CA 90744
(310) 835-5133
(310) 835-5133 Fax

Wilmington Teen Center offers youth programs for 8-21 years of age, including young alternatives to gangs. Program components consist of narcotic and social health education, tutorial, ages 8-16 years. Activity centers include weight lifting, aerobics, pool table, computer games and L.A. summer youth employment program (July and August, ages 14-21 years). You may walk-in or call. Hours: Mon-Fri 12:00 noon-9:00 p.m. Our services are free; we serve Wilmington and nearby areas.

Youth Education/Recreational Activities
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Boys and Girls Club - Harbor City

1220 W. 256th Street
Harbor City, CA 90710
(310) 534-0056
(310) 564-7138 Fax
www.bgca.org

We provide youth services for boys and girls consisting of the following: recreation, informal guidance, league sports, education programs, computer skills training, health & life skills; homework & tutorial services, after-school child care, delinquency prevention, ESL classes, even-start program. Hours: Mon-Fri 9:00 a.m.-7:30p.m. Requirements: Ages 6-18 years of age.

Boys and Girls Club - San Pedro

1200 S. Cabrillo Avenue
San Pedro, CA 90731
(310) 833-1322
(310) 833-4235 Fax

www.bgca.org

We are a youth and delinquency prevention agency for boys and girls 7-18 years of age. Our programs include: woodshop, games room, computer skills instruction, gymnasium activities, karate instruction, job placement, free tutoring by certified teachers, reading center, story time, playground activities, transportation, counseling services and special events. Hours: Mon-Thurs 12:00 noon-8:00 p.m., Fri 12:00 noon-6:00 p.m., Sat 2:30 pm-10:00 p.m. (ages 13 and up). Serves: South Bay and L.A. Harbor area.

Boys and Girls Club - Wilmington

1444 West Q Street
Wilmington, CA 90744
(310) 549-8323
(310) 549-2439 Fax

www.bgca.org

We offer youth guidance and prevention programs with academic enrichment and a variety of recreational activities—a game room, athletics, karate classes, arts and crafts, gang prevention activities, and computer learning center. Also, during the summer, we offer a day camp. Hours: Mon-Fri 7:00 a.m.-7:00 p.m. Club hours: Mon-Fri 7:00 a.m.-7:00 p.m. Serves: Harbor area

Greenbelt Recreational Center

918 North Sanford Avenue
Wilmington, Ca 90744
(310) 522-2064

www.laparks.org

We offer an indoor, lighted basketball court, class rooms, after school programs, day camps. Mon-Fri 9:00a.m.-9:00 p.m., Sat-Sun 9:00 a.m.-5:00 p.m.

Imperial Courts Recreation Center - Watts

2250 E. 114th Street
Los Angeles, CA 90059
(323) 564-1834

Imperialcourtsrecreationcenter@lacity.org

We offer adult exercise classes, youth basketball, youth flag football, after school club, day camp, L.A. Kids on Mon 1:00p.m.-6:00p.m., Tues 12:30 p.m.-9:00p.m., Wed/Fri 11:30a.m.-9:00p.m., Thurs 10:30a.m.-9:00p.m., Sat 9:30a.m.-4:00p.m. Closed: Sundays and holidays.

Jordan Downs Community Center - Watts

2101 E. 101st Street
Los Angeles, CA 90002
(323) 328-1650

Park amenities include: basketball courts (unlighted/outdoor), children's play area, picnic tables, indoor gym (without weights), barbecue pits, baseball diamond (unlighted), football field (unlighted), classrooms, kitchen, teen center with computers. Park Programs consist of, baseball leagues, basketball leagues (co-ed), flag football leagues, girls play l.a. (13-15), karate, rbi softball (7 & under), after school club (age 8 and up), arts & crafts, camp "Whatchamacallit", cheerleading, cooking, dance, drama class, journalism, l.a. kids, and a youth plus program.

Mahar House Community Center-Catholic Charities

1115 Mahar Avenue
Wilmington, CA 90744
(310) 834-7265

Our activities for school-aged children and young adults include the following: parent education class, literacy class, family development network, counseling, case management for low-income families, immigration services, computer classes, advocacy. Hours: Mon-Fri 8:00 a.m-4:00 p.m. Serves: Wilmington

Nickerson Gardens Recreation Center/Gym - Watts

11251 Compton Avenue
Los Angeles, CA 90059
(323) 566-1416

Park amenities include the following: children's play area, picnic tables, basketball courts (lighted/indoor), basketball courts (lighted/ outdoor), baseball diamond (lighted), indoor gym (with weights), football field (lighted), community room, handball courts (lighted), soccer field (lighted, computers (4-online), kitchen, multi-purpose sports field. Park Programs: baseball (girls, peewee 4-5, minor 6-9, major 10-12, junior 13-16), basketball (girls, peewee 4-5, minor 6-9, major 10-12, junior13-16), softball (girls, peewee 4-5, minor 6-9, major 10-12, junior13-16), strength training program, arts & crafts, cinema magic movies (Fridays), teen program (ages 11-16, teen council, field trips, volunteer services), and a youth plus program.

South Bay Center for Counseling - Urban Arts Crew

626 North Avalon Boulevard
Wilmington, CA 90744
(310) 816-0937
(310) 213-1449

Urban Arts Crew, a program of SBCC, is a creative, skills-building program for youth ages 16-21 who want to explore the various genres of Urban Art and gain the skills needed to enter the creative economy of Los Angeles.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue
San Pedro, CA 90731
(310) 832-1145
(310) 832-6712 Fax
www.toberman.org

Toberman Learning Center's Youth Services component, offers a safe location after school for children, 4-16 years of age. The emphasis is on homework completion, tutoring, recreational activities and field trips. These programs enable local youth to develop grade level and beyond academics. Hours: Mon-Fri 2:00 p.m.-6:00 p.m.

Wilmington Teen Center

612 W. E Street
Wilmington, CA 90744
(310) 835-5133
(310) 835-5133 Fax

Wilmington Teen Center offers youth programs for ages 8-21 years, including alternatives to gangs. Program components consist of narcotic and social health education, tutorial, ages 8-16 years with emphasis on weight lifting, aerobics, pool table, computer games and the summer youth employment program for ages 14-21 years. Feel free to walk-in or call. Hours: Mon-Fri 12:00 noon-9:00 p.m. Free services. Serves: Wilmington and nearby areas.

YWCA Teen Learning Center

437 W. 9th Street
San Pedro, CA 90731
(310) 547-0831
www.ywca.org

The YW Teens after school activities and tutoring for girls, 6th-12th grades; focuses on teen pregnancy prevention, improving academic achievement and volunteerism. Girls participate in workshops and volunteer activities each month. Hours: Mon-Fri 3:30p.m.-6:00 p.m. Extended hours during school breaks and holidays.

109th Street Recreation Center - Watts

1464 E. 109th Street
Los Angeles, CA 90059
(323) 566-4561

Facility features: auditorium, baseball diamond (lighted), basketball courts (lighted/indoor/outdoor), children's play area, football field (lighted), indoor gym (with weights), outdoor gym (without weights), seasonal pool (outdoor/unheated), soccer field (lighted), and tennis courts (lighted).

Youth/High Risk

Behavioral Health Services, Inc (BHS)

Wilmington Community Recovery DUI Program

1318 N. Avalon Blvd., Ste A

Wilmington, CA 90744

(310) 549 – 2710

(310) 549 – 2715 Fax

Emphasis is on outpatient adolescent and adult alcohol and drug education, treatment, individual and group counseling. There are also groups for prevention, education, intervention, HIV/AIDS education, assessment & referrals, sober activities; and approved first offender DUI program. Serves persons referred by the court, and walk-ins. Funding: County, fees, nonprofit. Hours: Mon-Fri 9:00 a.m.-6:00 p.m., Sat 9:30a.m.-12:30p.m. (DUI only). Spanish spoken. Requirements: Ages 12 years and older, pregnant women. Must be detoxed and capable of self-care. We accept most insurance and fees are on sliding scale. No one is denied service due to lack of funds. Serves: South Bay area.

Boys & Girls Club - Harbor City

Harbor Gateway

1220 W. 256th Street

Harbor City, CA 90710

(310) 534 – 70056

(310) 534 – 7138 Fax

www.southbayclubs.org

Youth services for boys and girls includes the following: recreation, informal guidance, league sports, education programs, computer skills training, health & life skills; homework & tutorial services, after-school child care, delinquency prevention, ESL classes, even-start program. Hours: Mon-Fri 9:00 a.m.-7:30p.m. Requirements: ages 6-18 years of age.

Harbor Gang Alternative Program (GAP)

309 West Opp Street

Wilmington, CA 90744

(310) 519 – 7233

(310) 519 – 8730 Fax

www.gangfree.org

The mission of GAP is to eliminate the base of gang membership by having a generation of young people say “no” to gangs and “yes” to positive lifestyle choices. The gang-free program components are: a school-based youth gang prevention curriculum for 2nd, 4th, and 6th grades, a court approved parent and teen education program, a graffiti abatement program, bulky items pick-up program, community beautification, youth job training and development, case management, STEP-UP! after school program,

outreach and referral services, and the Gang Free Life initiative. Please see our website for more information.

South Bay Center for Counseling - Urban Arts Crew

626 North Avalon Boulevard

Wilmington, CA 90744

(310) 816-0937

(310) 213-1449

Urban Arts Crew, a program of SBCC, is a creative, skills-building program for youth ages 16-21, who want to explore the various genres of Urban Art and gain the skills needed to enter the creative economy of Los Angeles.

The Guidance Center

160 W. 6th Street

San Pedro, CA 90731

(310)833-3135

(310)833-3572 Fax

www.tgclb.org

The Guidance Center provides mental health services to children, youth and their families. Services for children 2-17 years of age includes: psychotherapy, substance abuse counseling, inpatient rehab and outpatient child day rehab, Multi-systemic Family Therapy, Intensive mental health, probation and children and family services, school based MHS; early intervention initiative, dual-diagnosis prevention, assessment and treatment, mentoring program, Juvenile Justice and Gang Diversion, connections Adolescent Day Treatment, also, ADHD assessment and treatment, parenting education, training and support, family preservation and Cal Works MHS support services.

Los Angeles Harbor College/Extended Opportunity Programs and Services (EOPS)

1111 Figueroa Place

Wilmington, CA 90744-2397

(310) 233-4217

(310) 233-4124 Fax

www.lahc.edu/eops

EOPS offers info and referral, counseling, education grants, financial aid for books, transportation assist, mentoring, and student work program, emergency no interest loans, and transfer fee waiver. CARE is a special EOPS pro-gram for single parents (all ages) receiving government financial assistance and helps with childcare, gas cards and many other services. Also, offers program for youth 16-21 years emancipated from foster care or seeking to live independent of their guardians. Office hours: Mon-Thurs 9:00 a.m.-4:00 p.m., Fri 9:00 a.m.-12:00 p.m.

Toberman Neighborhood Center Inc.

131 N. Grand Avenue

San Pedro, CA 90731

(310) 832-1145

(310) 832-6712 Fax

www.toberman.org

Toberman is a non-profit, multi-purpose neighborhood center that provides various social service programs to assist Harbor area families and individuals by delivering life-sustaining services that encourage, inform, educate and empower them to live healthy and purposeful lives. Programs for children and youth, ages 5-18 years of age, include the following: after-school activities, athletics and fitness, team sports, counseling, mentoring, support groups, job preparedness training, and services within a Family Resource Center.

Youth/Recreation/Activities

Banning Pool

1450 N. Avalon Boulevard

Wilmington, Ca 90744

(310) 548-7420

www.laparks.org

This is a year round pool (outdoor/heated); the fee is \$2.50 per adult and free to children, seniors and the disabled.

Banning Recreational Center

1331 Eubank Avenue

Wilmington, Ca 90744

(310) 548- 7776

www.laparks.org

We offer a variety of youth related recreational activities.

Hawaiian Avenue Elementary School

LA's Best Summer Program

540 Hawaiian Avenue

Wilmington, Ca 90744

(310) 518-4773

www.lasbest.org

This after-school program offers camp experience on campus, including fitness, gardening, literacy, and walking field trips.

Wilmington Recreation Center

325 Neptune Avenue
Wilmington, CA 90744
(310) 548 – 7645
(310) 952 – 9247 Fax

Activities and programs for adults and youth include: pre-school programs like Mommy and Me, after school clubs, teen programs, tutoring, and youth enrichment. Funding: County. Hours: Mon-Fri 9:00 a.m.-7:00 p.m. Spanish is spoken. Fee depends on program. Serves: L.A. County.

Wilmington Teen Center

612 West E Street
Wilmington, CA 90744
(310) 835-5133
(310) 549-0055 Fax

Youth programs for ages 8-13 years of age, including youth alternatives to gangs. Program components consist of narcotic and social health education, tutoring for ages 8-16 years old. Activity centers around weight lifting, boxing, aerobics, pool table, computer games, job referrals. Feel free to walk-in or call. Funding: L.A. City Community Development Department; nonprofit. Hours: Mon-Fri 12 noon-9:00 p.m. Spanish is spoken. Requirement: City of Los Angeles resident. Free service. Serves: Wilmington & nearby communities.

Youth Shelters

National Runaway Switchboard

3080 N. Lincoln Avenue,
Chicago, IL 60657
(800) 621-4000
(773) 929-5150 Fax

We offer a 24 hour hotline for youth ages 12-21 years and their families. Services include: crisis intervention, information and referral, and message delivery and conferencing services. Free bus ride home for qualified youth through Greyhound. Services are free.

Youth Transition/Emancipation

Los Angeles Harbor College/Extended Opportunity Programs and Services (EOPS)

1111 Figueroa Place
Wilmington, CA 90744-2397

(310) 233-4217

(310) 233-4124 Fax

www.lahc.edu/eops

EOPS offers information and referral, counseling, education grants, financial aid for books, transportation assistance, mentoring, and student work program, emergency no interest loans and transfer fee waiver. CARE is a special EOPS program for single parents (all ages) receiving government financial assistance and helps with childcare, gas cards and many other services. Also, offers programs for youth 16-21 years who are emancipated from foster care or seeking to live independent of their guardians. Hours: Mon-Thurs 9:00 a.m.-4:00 p.m., Fri 9:00 a.m.-12:00 p.m.

South Bay Bright Future, Inc.

24404 S. Vermont Avenue, Suite 201- 206

Harbor City, CA 90710

(310) 891-0096

(310) 534-1405 Fax

www.southbaybrightfuture.com

Our goal is to nurture family environments to facilitate positive transition to adulthood; serves seriously emotionally disturbed children identified as victims of abuse and/or neglect. Services include: home visits, tutoring, psychiatric services, emancipation and independent living. We work with foster family agencies and youth development centers. Hours: Mon-Fri 8:30a.m.-6:00 p.m. Serves: L.A. County.

Hotlines/Referrals

- **Dial 9-1-1**, life threatening emergencies.
- **Dial 3-1-1**, a city wide toll free number to information and non-emergency services or on the web www.lacity.org.
- **Dial 2-1-1**, help in finding the services you need or visit the web www.211LA.org
1-800-RELAPSE.

U.S. Department of Health Services

(800) 729-6686

We provide information and referral to substance abuse programs; and 24 hour hotline to the National Substance Abuse Treatment Center.

24-Hour Family Crisis Hotline

1735 Family Crisis Center

(213) 745-6434

We are a 24 hour counseling and referral hotline to resources for battered women and children, youth and adults. Additional hotlines: (310) 379-3620, (310) 370-5902, (562) 388-7652.

Alcohol 24 Hour - HELPLINE

(800) 334-0394

This 24 hour line offers information, referral and crisis interventions; 24 hours/7days a weeks

BABY SAFE

Safely Surrendered Baby Program

(877)222-9723

Safe haven hotline for nearest locations, which allow parents to safely surrender their babies at any hospital or fire station without fear of legal prosecution; 24hours/7days a week.

Battered Women's Hotline

Family Crisis/South Bay and Los Angeles

(310) 370-5902

Provides 24 hour emergency information for battered women, children and runaway homeless adolescents.

Child Abuse Hotline

L.A. County Department of Children and Family Services

Los Angeles, CA 90010

(800) 540-4000

This hotline answers 24 hours a day, 7 days a week, and accepts reports of child abuse, offers crisis counseling and refers callers to local agencies for further information and services.

Child Help USA/Hotline

National Child Abuse Hotline,
(800) 422-4453

There are trained professional hotline counselors available 24 hours/7 days a week to respond to crisis calls regarding child abuse and related issues. Crisis intervention and contact for mandated reporters, concerned citizens or worried friends and family; information and referrals.

Children of the Night

(800) 551-1300
(818) 908-1468 Fax

Children of the Night will provide help for children forced into prostitution. National 24 hour hotline, shelter home and school receives child prostitutes 24 hours a day from every state; ages 11-17 years.

Cocaine Anonymous

(310) 216-4444

A 12-Step program that offers self-help fellowship of men and women who share their common problem and help others to recover from their addictions; meetings held daily.

Domestic Violence Helpline

Rainbow Services Ltd
P.O. Box 627
San Pedro, CA 90733
(310) 547-9343
(310) 548-0611 Fax

Support groups are open to all women experiencing domestic violence. English groups Thursdays at 6:00 p.m., Spanish groups on Tuesday/Wednesday at 6:00 p.m. and Friday at 12:00 noon. The hotline is available 24 hours and services are FREE. Childcare is free during the support groups.

Elder Abuse Hotline

(800) 992-1660
(877) 477-3646

We accept calls related to elder and dependent adult abuse victims; hotline takes reports from neglected or abused seniors age 65 and older, and then takes proper action with authorities.

Gamblers Anonymous

(714) 527-2251

Recording will refer callers to local contacts; several meetings every week.

Hotline of Southern California

(562) 596-5548

(562) 596-3370 Fax

Hotline of Southern CA is a comprehensive program for youth affected by dating violence and/or domestic violence. We provide a 24 hour teen hotline, emergency and transitional shelter, counseling, drama therapy, legal assistance, teen dating violence prevention programs and community education programs. We serve Los Angeles and Orange Counties.

Los Angeles Homeless Services Authority (LAHSA)

Shelter Locations and Transportation Schedule

South Los Angeles Service Planning Area

MJB Recovery, Inc.

Hotline: 1-800-548-6047 or (323) 777-2491

Narcotics Anonymous

Los Angeles County-Westside

(310) 390-0279

24 hour helpline for LA and San Gabriel areas; a volunteer or a tape message refers to self help groups. Group meetings are several times a day. For Spanish call (888) 622-4672. Serves: Westside LA, Santa Monica, Culver City, Venice, Marina Del Rey and Westchester.

National Domestic Violence Hotline

(800) 799-7233

We provide information and referrals for victims of domestic violence and those who assist the victim. Other services include the following: crisis intervention, resource materials, bilingual advocates and a nation-wide database of resources. Office hours: Mon-Fri 8:30a.m.-5:30p.m.

National Runaway Switchboard

(800) 621-4000

We are a 24 hour hotline for runaway and homeless youth and their families. This provides crisis intervention, information and referral services, message delivery and conferencing services. Free bus ride home for runaways; free program.

Poison Control System

(800) 876-4766

Emergency 24 hour hotline advises in the treatment of poisoning; advises health care professionals, does not identify mushrooms or plants. For literature, call (800) 582-3387.

Rape/ Sexual Abuse

Rosa Parks Sexual Assault Crisis Center

Los Angeles, CA 90062

(323) 290-4119

We are a 24 hour hotline that provides crisis intervention services, counseling, and advocacy.

Substance Abuse Foundation

Sobriety House

(888) 476-2743

A 24 hour informal alcohol and substance abuse hotline that provides treatment, recovery service and referrals to on-site and area residential and outpatient programs. Office hours: Intake Mon-Fri 8:00 a.m.-5:00 p.m.

Suicide Prevention Center

Non-profit Free Service

(877) 727-4747

The Suicide Prevention Center is a 24 hour crisis hotline with certification. Crisis counseling and referrals to resources are provided. Also, we offer survivors after suicide bereavement support groups to help cope with loss. Prevention speakers are available for schools and other community outreach. Hours: 24 hours/7 days a week.

Los Angeles City Department Numbers
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If your number is not listed below, please call **311**. This is the information line to City Hall, and operators will be able to direct your call or provide you with the number you need.

Name	Phone
Abandoned Shopping Cart Pick up	(800) 252-4613
Abandoned Vehicles	(800) 222-6366
AIDS	(800) 367-AIDS
Alcoholics Anonymous	(818) 988-3001
Animal Services	(888) 452-7381
Anti-Drug Hotline (LAPD)	(800) 662-2878
Battered Women / Domestic Violence Hotline	(818) 887-6589
Better Business Bureau	(310) 945-3166
Billboard Complaints	(888) 524-2845
Birth Certificate (County)	(323) 586-6192
Building & Safety	(888) 524-2845
Bulky Item Pick Up	(800) 773-2489
Burglar alarm ringing/to report	(877) ASK-LAPD
Cable TV Company Complaints	(213) 485-2751
Cal Trans (California Dept. of Transportation)	(213) 897-3656
Catch Basin Cleaning	(800) 974-9794
Charities and Fundraising	(213) 978-1144
Child Abuse Hotline	(800) 540-4000
Children's Services	(213) 351-5602

Citizenship, Immigration & Passports	(800) 870-3676
City Clerk	(213) 978-1133
City Council Information	(213) 978-1044
City Ride	(213) 808-7433
Claims Against the City	(213) 978-1133
Consumer Protection	(800) 952-5210
Council Meetings for Public to Dial Into	(310) 547-2489
County Board of Supervisors	(213) 974-1411
Crisis Intervention - Suicide Prevention	(877) 727-4747
Dead Animal Pick-up	(800) 773-2489
Death Certificate (County)	(562) 462-2137
Department of Water and Power	(213) 367-4211
Disabled Services	(877) 225-2285
Domestic Violence 24 HR Hotline (National)	(800) 799-7233
Domestic Violence County Hotline	(800) 978-3600
DPSS (County) Dept. of Social Services	(877) 481-1044
Drug Tip (anonymous)	(800) 662-BUST
Education Board Of	(213) 241-1000
Employment Information (City 24 HR JOB LINE)	(800) 970-4578
Employment, Central Office	(800) 300-5616
Environmental Affairs (pollution)	(213) 978-0888
Food Stamp Information	(877) 847-FOOD
Gas Leaks	(800) 427-2200
Graffiti Removal & Community Clean Up	(800) 675-4357
Health Services	(213) 250-8055

Homeless Services Referral (Info Line)	(800) 339-6993
Homework Hotline	(800) 527-8839
Household Hazardous Waste Hotline	(800) 98-TOXIC
Housing Authority, Los Angeles	(213) 252-2500
Landlord/Tenant Services	(213) 808-8888
LAPD (Non-emergency)	(877) ASK LAPD
LAUSD (Board of Education)	(213) 241-1000
Legal Aid Foundation of Los Angeles	(213) 640-3884
Legal Services/ City Attorney	(213) 978-8100
Marriage License	(562) 462-2137
Mayor's Office	(213) 978-0600
Mental Health Services	(213) 974-0511
MetroLink	(800) 371-LINK
MTA - Metro Bus and Metro Rail	(323) GOMETRO
Noise/Federal Aviation Administration	(800) 688-9889
Parking Enforcement	(213) 485-6909
Parking Ticket Information	(213) 623-6533
Parking Violation Bureau Hearing	(213) 623-6533
Passport	(855) 272-4440
Planning and Zoning	(213) 482-7077
Post Office Information	(800) 275-8777
Pothole Repair	(800) 996-2489
Public Works	(323) 881-7030
Records/County Registrar-Recorder	(800) 815-2666
Recreation and Parks	(310) 479-7200

Rent Stabilization Hotline	(323) 848-6450
Sanitation	(800) 773-CITY
Senior Lunch Program	(800) 834-4777
Senior Services (Dept. of Aging)	(800) 834-4777
Social Security Administration (Federal)	(800) 772-1213
Street Light/Repair	(213) 473-3231
Towed Vehicles Information	(213) 485-4184
Trash Pick-up (missed)	(800) 733-2489
Veteran's Administration	(800) 688-9889
Volunteer Center of Los Angeles	(818) 908-5066
Women's Services	(213) 974-1455
Zoo	(323) 644-4200

Update Request Form

Please complete the information below if you would like to make changes in this *Community Resource Guide*. You may email your changes to Sandra.ciaramitaro@lacity.org or fax them to (310) 732-4500.

NAME OF ORGANIZATION: _____

ADDRESS: _____

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CITY: _____ ZIP CODE: _____

CONTACT NAME: _____

TITLE: _____

EMAIL: _____ PHONE NO: _____

SERVICES PROVIDED (please be specific):

AGES: _____

HOURS: _____

Councilman Joe Buscaino, 15th Council District, City of Los Angeles