



You Can't Predict...But You Can Prepare!

LAFD Community Based Disaster Preparedness Training

What is CERT?

If a major earthquake (or any disasters) hits, do you...

- Have enough supplies for a minimum of 72 hours up to an entire month for all family members, including pets?
- Know how to turn off the gas?
- Know how to safely turn off the power?
- Know how to apply first aid?
- Have enough water for all of your family and your pets?
- Have provisions for living outside your home for a length of time if the structure is compromised?

It is important to know, if a major disaster occurs, the LAFD, paramedics, police...WILL NOT COME! They will be deployed FIRST to major incidents such as collapsed buildings. That is why you constantly hear...You MUST be prepared to take care of yourself. In the CERT course they say..."**The Greatest Good for the Greatest Number of People**". When you are trained, you are far more equipped to deal with your circumstances without needing aid from outside sources.

CERT members are trained in basic disaster response skills such as fire safety, light search and rescue, team organization and disaster medical operations. You will learn how to prepare for emergencies, what supplies you should NOW have in your house, how much food, how much water but most importantly, how to protect your family in an emergency!

Six Monday Evenings - 6:30 to 9pm
Starts Jan 9th & ends Feb 27th 2017
(No class on 1/16/17 or 2/20/17, due to holidays)

First Presbyterian Church of San Pedro
731 S. Averill Avenue
(If questions call: 310-832-7597)

Sign-up at: CERT-LA.com/Eventbrite

(or search for "LAFD CERT San Pedro")